

CONTINENTAL

WARRIOR CANINE CONNECTION P.22 | GUARDIANS 24/7 P.26

MARINESTM

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OFFICIAL MAGAZINE OF THE MARINE CORPS RESERVE

EXPEDITIONARY FORCE

4TH MARINE LOGISTICS GROUP TRAINS AT MEFEX
2015



SEMPER FIDELIS



COMMANDER'S CORNER

FORCE IN READINESS

This year is off to a successful start, and I continue to be in awe of the professionalism, dedication, and work ethic I see from Reserve Marines and Sailors on a daily basis. Whenever I get the opportunity to get out and see our Marines working, I leave knowing that, without a doubt, our Marines are up to standard with their active duty counterparts. I leave knowing that when called upon, these men and women are more than willing and capable to seamlessly integrate with their brothers and sisters in arms.

We have wasted no time in seeking out opportunities to train with our active duty counterparts having recently completed a training exercise with 1st Marine Logistics Group during a drill weekend in February. In the coming months, there will be more of those opportunities during exercises such as Integrated Training Exercise, AFRICAN LION, UNITAS AMPHIB and several more. Conducting exercises around the world means Reserve Marines are taking time away from their families and loved ones and making other personal sacrifices. I want to emphasize the importance of these exercises. Not only are they critical for maintaining readiness and proficiency, but they offer invaluable opportunities to maintain the ability to integrate with active component Marines. This interaction builds inherent understanding that Marines need to possess in order to fight as a Total Force.

Over the past 14 years, our Marines have consistently showcased our ability to act as a critical force enabler and shock absorber for the Total Force during Operations Iraqi Freedom and Enduring Freedom. Even though our involvement in these conflicts is completed, Reserve Marines still continue to deploy with active duty Marines in support of crisis response, humanitarian missions, theatre security cooperation, Special Purpose Marine Air Ground Task Forces and more. I cannot stress how critical this support is.

It is also imperative that we remember our roots. All Marines of MARFORRES must remember that you are always a Marine and will always be responsible for doing the right thing and helping others. In this edition, I am proud to share stories of three Marines who showed a bias for action and did the right thing when no one was watching. These Marines define the concept that we are Marines 24 hours a day, 7 days a week.

We must never allow ourselves to become complacent and rest on past accomplishments. We must continue to do great things, in and out of uniform.

Semper Fidelis,
Lt. Gen. Richard P. Mills
Commander, Marine Forces Reserve

SNAP SHOT



Marines from Marine Forces Reserve participate in a chemical, biological, radiological and nuclear defense training simulation aboard Naval Air Station Joint Reserve Base New Orleans, Feb. 5. Selected Marines from units throughout MARFORRES received the five-day CBRN training.

PHOTO BY LANCE CPL. IAN FERRO

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OFFICIAL MAGAZINE OF THE MARINE CORPS RESERVE

QUARTER 1 2015

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PHOTO BY LANCE CPL. ISSAC VELASQUEZ

U.S. Marines of 2nd Platoon, Charlie Company, 1st Battalion, 25th Marines, 4th Marine Division, hike to a designated training area in Burwash, Ontario, Canada, Feb. 13. Exercise Frozen Riley II was a multinational exercise between Canada and the United States military to promote interoperability and training for cold weather crisis response.

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- WHAT DOES JOE DO WHEN HE'S NOT BEING A GI?



ON THE COVER

Cpl. Joseph Howell, a tactical switching operator with Combat Logistics Regiment 4, 4th Marine Logistics Group, kneels down and takes account of his surroundings on a patrol during the Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 22. The exercise enabled Marines to improve interoperability between the active and Reserve component, while preparing them with a realistic training environment at the force level.

PHOTO BY CPL. GABRIELLE QUIRE



CORPS
COMMUNITY





Riding with the Krewe

Marines from Marine Forces Reserve ride on a float with the Legion of Mars Krewe, throwing beads and festive items to the public during the Krewe of Alla Mardi Gras parade in New Orleans, Feb. 8. Lt. Gen. Richard P. Mills, MARFORRES commander, was the Legion of Mars Grand Marshall. The group was invited to be guest members of the parade for the second year in a row with several floats recognizing all branches and wounded veterans.

PHOTO BY LANCE CPL. IAN FERRO



PHOTO COURTESY OF COMBAT CAMERA

WARRANT OFFICER: RESERVE SELECTION BOARD OFFERING BONUS TO QUALIFIED MARINES

In order to ensure the combat readiness of Marine Forces Reserve and to staff existing billets, the fiscal year 2016 enlisted to warrant officer Reserve selection board is offering a \$20,000 bonus to qualified Marines.

To qualify for the bonus, Marines must be in specified Military Occupational Specialties, must complete the Warrant Officer Basic Course convening in January 2016 and complete a follow-on MOS school.

Selected Marines will be provided a statement of understanding to be returned with a letter of intent to accept the appointment and a request for orders to attend the Warrant Officer Basic School no later than Dec. 31, 2015.

For more information on the application process and a complete list of requirements to qualify for the bonus, see *Maradmin 087/15*. ■

PHOTO BY LANCE CPL. DAVID FLYNN



MARKSMANSHIP TRAINING: MARINES PREPARE FOR CHANGES TO COMBAT MARKSMANSHIP TRAINING

Marines are preparing for changes in their annual marksmanship training set to go into effect Jan. 1, 2016. The changes include rifle combat marksmanship tables 2 through 6 replacing the current tables 2 through 4d within entry level and annual combat rifle marksmanship training and evaluation.

The purpose of the changes made to the marksmanship tables are an effort to maximize the progression of skill sets within the combat rifle program. The refinement of these tables through testing and validation has produced standardized courses of fire and associated range commands to be implemented Marine Corps wide. For more details see *MARADMIN 132/15*. ■

HEALTH CARE:

HUMANA MILITARY SERVICE OFFERS TEMPORARY BENEFITS TO MARINES AND THEIR FAMILIES



PHOTO BY CPL. J. GAGE KARWICK

The Continued Health Care Benefit Program is now eligible to qualified service members. The program is a voluntary, premium-based health care program offered by Humana Military Health Care services.

It offers temporary benefits when a Marine or Marine's family members are no longer entitled to military medical benefits.

For more information on qualification requirements and the application process, see *MARADMIN 650/14*. ■



Lieutenant Wade briefs a 4th Marine Division platoon about landing on Blue or Yellow beaches on D-Day. The 4th Marine Division was designated Landing Group Baker (Task Group 56.2.2).

PHOTO COURTESY OF NARA (NATIONAL ARCHIVES) FILE #: 127-G-142484

THE BATTLE OF IWO JIMA

The Battle of Iwo Jima, Feb. 19 – March 26, 1945, was a major battle in which the United States Marines landed and eventually captured the island of Iwo Jima from the Japanese Imperial Army during World War II. The American invasion had the goal of capturing the entire island, including the three Japanese-controlled airfields to provide a staging area for attacks on the Japanese main islands.

Despite bloody fighting and severe casualties on both sides, the Japanese defeat was assured from the start. Overwhelming American

superiority in arms and numbers as well as complete control of air power, coupled with the impossibility of Japanese retreat or reinforcement, permitted no plausible circumstance in which the Americans could have lost the battle.

THIS FIVE-WEEK BATTLE COMPRISED SOME OF THE FIERCEST AND BLOODIEST FIGHTING OF THE WAR IN THE PACIFIC OF WORLD WAR II.

THE HARD FACTS

- BATTLE**
THE BATTLE WAS IMMORTALIZED BY JOE ROSENTHAL'S PHOTOGRAPH OF THE RAISING OF THE U.S. FLAG ON TOP OF THE 545-FOOT MOUNT SURIBACHI BY FIVE U.S. MARINES AND ONE U.S. NAVY HOSPITAL CORPSMAN.



- HONOR**
27 U.S. MILITARY PERSONNEL WERE AWARDED THE MEDAL OF HONOR FOR THEIR ACTIONS DURING THE BATTLE OF IWO JIMA, 14 OF THEM POSTHUMOUSLY. OF THE 27 MEDALS AWARDED, 22 WERE PRESENTED TO MARINES, INCLUDING THE YOUNGEST MARINE TO RECEIVE THE MEDAL OF HONOR AND FIVE WERE PRESENTED TO UNITED STATES NAVY SAILORS, FOUR OF WHOM WERE HOSPITAL CORPSMEN ATTACHED TO MARINE INFANTRY UNITS. THIS WAS 28 PERCENT OF THE 82 MEDALS OF HONOR AWARDED TO MARINES IN THE ENTIRETY OF WORLD WAR II IN THE PACIFIC.

Sources:

<http://www.history.com/topics/world-war-ii/battle-of-iwo-jima>
<http://ww2db.com/battle>

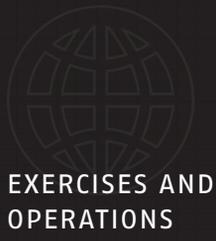


CAPTAIN JOSEPH J. MCCARTHY (1911-1996), USMCR
U.S. MARINE CORPS RESERVE, 2D BATTALION, 24TH MARINES, 4TH MARINE DIVISION

MEDAL OF HONOR RECIPIENT

For conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty as commanding officer of a rifle company attached to the 2d Battalion, 24th Marines, 4th Marine Division, in action against enemy Japanese forces during the seizure of Iwo Jima, Volcano Islands, on 21 February 1945. Determined to break through the enemy's cross-island defenses, Capt. McCarthy acted on his own initiative when his company advance was held up by uninterrupted Japanese rifle, machine gun, and high-velocity 47mm. fire during the approach to Motoyama Airfield No. 2. An inspiring leader and indomitable fighter, Capt. McCarthy consistently disregarded all personal danger during the fierce conflict. His cool decision and outstanding valor reflect the highest credit upon Capt. McCarthy and enhance the finest traditions of the U.S. Naval Service.

CITATION COURTESY OF THE CONGRESSIONAL MEDAL OF HONOR SOCIETY ARCHIVE



EXERCISES AND OPERATIONS

RESERVE FORCES AROUND THE WORLD:

MARINES PARTICIPATE IN EXERCISES TO PREPARE THEM FOR REAL-WORLD CONFLICTS AND OPERATIONS. (QUARTER 1: JANUARY - MARCH 2015)



Africa Command

EASTERN ACCORD

EASTERN ACCORD
Eastern Accord is a military exercise focusing on humanitarian aid/disaster response with East African nations. The 10-day training exercise, which helps build partnerships between Marines and United States Army Africa and the East African military forces, is designed to help USARAF and East African participants improve their capability to respond to regional security threats posed by violent extremist groups.

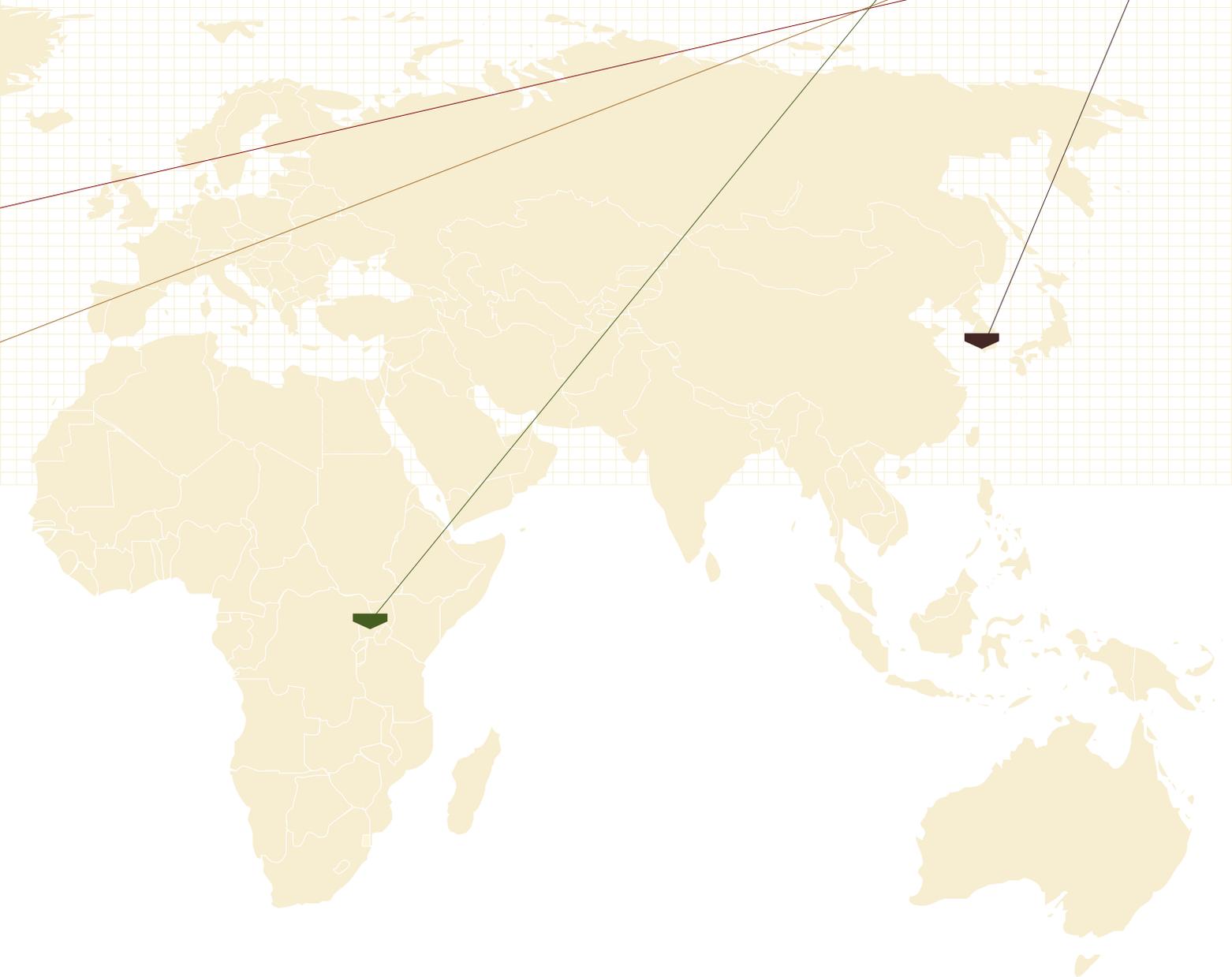
MARCH 1-15, 2015

Northern Command

COMMEX 15.1

COMMEX 15.1
CommEX 15.1 focuses on training Marine Forces Reserve units from across the United States. The exercise refines units' communication tactics, techniques and procedures while preparing for real world contingencies.

MARCH 21-29, 2015



▼ Southern Command

BEYOND THE HORIZONS 2015 ▼

BEYOND THE HORIZONS

Beyond the Horizons is a military exercise in El Salvador that focuses on joint humanitarian assistance scenarios and includes medical readiness, dental readiness and veterinarian readiness. The exercise also features construction and humanitarian assistance projects in order to maximize joint, interagency and combined training opportunities.

MARCH 29-JULY 1, 2015

▼ Pacific Command

EXERCISE KEY RESOLVE ▼

EXERCISE KEY RESOLVE

Key Resolve is an annual combined and joint command post exercise. Marines train alongside the Republic of Korea and the United Nations to increase joint interoperability and strengthen combat readiness.

FEB. 24-MARCH 13, 2015



NEW OUTPOST CONSTRUCTED DURING LAVA VIPER 15.1-2

KAWAIHAE HARBOR, HAWAII

DATE: Jan. 9

USMC UNITS: Marine Aircraft Group 49

PARTICIPATING NATIONS: United States

“AT THE END OF THE MISSION, [THE ENGINEERS] SAW THE IMPACT THEY MADE TO THE PEOPLE [IN OTHER COUNTRIES], THE PEOPLE LOVED US AND THE WORK WE DID. IT FEELS GREAT TO BE ABLE TO LOOK BACK AND KNOW WE DID SOMETHING LIKE THAT FOR ANOTHER COUNTRY.”

—Lance Cpl. Timothy Kean, Marine Aircraft Group 49, 4th Marine Aircraft Wing

Marine engineers from Marine Wing Support Squadron-472 refurbished an old military housing building on the beach of Kawaihae Harbor Jan. 9, during Exercise Lava Viper 15.1-2.

The outpost on the beach is used by various services as a way to avoid severe weather conditions, according to Cpl. Joseph Dutton, a combat engineer with MWSS-472, MAG-49, 4th MAW. It also serves as a place for the advanced platoons to wait for their ships to arrive with vehicles and supplies to accomplish later missions.

“Units can be here up to three weeks (waiting),” said Dutton, from Brookline, Vermont. “So it’s important to give them something comfortable to live in.”

The workers are also benefiting from this experience, according to Dutton.

“It gives them great hands-on training and the chance to learn more of our trade,” said Dutton. “Being able to come out here to Hawaii, it helps keep their motivation up.”

The Marines from MWSS-472 have done various other humanitarian assistance projects according to Lance Cpl. Timmothy Kean. They have traveled to many countries including Belize, Honduras and Peru.

“We went to build schools for the locals,” said Dutton. “It’s a nice thing about being in the Marine Corps. We really get to do something good for other countries.”



A Marine uses a buzz saw to cut out extra parts of the wooden flooring in an old military housing facility, Jan. 9, during exercise Lava Viper 15-1.2 at Kawaihae Harbor, Hawaii. The housing facility is used by various military branches as a safe house while waiting for ships to arrive with vehicles and supplies.

PHOTO BY LANCE CPL. ROBERT WILLIAMS JR.

Cpl. Joseph Dutton, from Brookline, Vermont, pries nails loose in the wooden flooring in an old military housing facility Jan. 9, during Exercise Lava Viper 15-1.2 at Kawaihae Harbor, Hawaii. The housing facility is used by various military branches as a safe house while waiting for ships to arrive with vehicles and supplies.

PHOTO BY LANCE CPL. ROBERT WILLIAMS JR.



PASSING THE POST

NEW ORLEANS, LOUISIANA

DATE: Feb. 26

USMC UNITS: 4th Marine Division

PARTICIPATING NATIONS: United States

“SGT. MAJ. KASAL TOLD ME ‘DON’T GET TIED TO THE OFFICE AND EMAIL. GET OUT AND SEE THE MARINES AND TAKE CARE OF THE OTHER STUFF AS YOU CAN BUT, MOST IMPORTANTLY, GET TO KNOW YOUR MARINES.’”

- Sgt. Maj. Daniel Fliegel, Sergeant Major of 4th Marine Division



Sergeant Maj. Daniel Fliegel took his post as the new 4th Marine Division sergeant major, at Marine Corps Support Facility New Orleans, Feb. 26.

Sergeant Maj. Bradley Kasal relinquished his post as the 4th MarDiv sergeant major to Fliegel and became the senior enlisted advisor of the I Marine Expeditionary Force. Kasal took over for Sgt. Maj. Ronald Green, who is now the Sergeant Major of the Marine Corps.

“My mission as the 4th Marine Division’s sergeant major is to keep a pulse on the unit

and keep the commander advised of any issues that I become aware of, and provide guidance to the other senior enlisted leaders within the division, both active and reserve,” said Fliegel.

Fliegel is a combat engineer who served in the Persian Gulf War, the liberation of Panama in Operation Promote Liberty and completed four tours in Iraq after the 2003 invasion. This is the first time Fliegel has led Marines in the Reserve component, but he is pleased with current training schedules and requirements.



Sergeant Maj. Daniel Fliegel, 4th Marine Division sergeant major, addresses Marines for the first time as the 4th MarDiv sergeant major, during a relief and appointment ceremony at Marine Corps Support Facility New Orleans, Feb. 26. During the ceremony, Marines welcomed Fliegel and bid farewell to Sgt. Maj. Bradley A. Kasal as he assumes his post as the new I Marine Expeditionary Force sergeant major.

PHOTO BY CPL. GABRIELLE QUIRE

Sergeant Maj. Brad A. Kasal, sergeant major of 4th Marine Division, Marine Forces Reserve, and Maj. Gen. Paul Brier, commanding general of 4th MarDiv, and Sgt. Maj. Dan Fliegel, incoming Sgt. Maj. of 4th MarDiv, stand at the position of attention as Kasal receives the Legion of Merit during the relief and appointment ceremony held at Marine Corps Support Facility, New Orleans, La., Feb. 26. Kasal was relieved of his duties by Brier, who appointed Fliegel as the new sergeant major of 4th MarDiv.

PHOTO BY LANCE CPL. RICHARDO DAVILA



The Commandant of the Marine Corps, Gen., Joseph F. Dunford Jr., pins the Navy and Marine Corps Commendation medal onto Staff Sgt. Wyanika M. Christophe, the Reserve career planner of the year, from 4th Assault Amphibian Battalion, 4th Marine Division, Marine Forces Reserve, during a Combined Awards Ceremony in Quantico, Va., Jan. 29.

RESERVE CAREER PLANNER OF THE YEAR

STORY AND PHOTOS BY CPL. GABRIELLE QUIRE

The Reserve Career Planner of the Year Award was presented to Staff Sgt. Wyanika M. Christophe from 4th Assault Amphibian Battalion, 4th Marine Division, Marine Forces Reserve, during the Commandant of the Marine Corps' 2014 Combined Awards Ceremony, Jan. 29, 2015, in Quantico, Virginia. Christophe was awarded the Navy and Marine Corps Commendation Medal for her hard work and dedication.

"As a career planner, my main focus is on retention; not just retention but re-training Marines, putting them in a job that best fits them and their needs," said Christophe. "We always want to retain Marines. Even if Marines are coming off of active duty, we want the focus to be to shift them from active to reserve and continue to build the reserves," said Christophe.

The Combined Awards Program originated in 1995 when Gen. Charles C. Krulak, the 31st Commandant of the Marine Corps, sanctioned the first Recruiter of the Year award. Since then, the program has expanded to include prior service

recruiters, drill instructors, Marine security guards, Marine combat instructors, career planners and athletes. The program's mission is to recognize Marines within those billets and honor them for their commitment to the Marine Corps and their dedication to improving themselves and the future of the Corps.

Lt. Col. Jonathan Price, the manpower officer with G-1, Marine Forces Reserve, says career planners are vital to the Corps.

In 2011, the use of billet identification codes came into effect. Every Marine is required to have a BIC, which identifies what unit they belong to, what their job assignment is, and the military occupational specialty required for that billet. Christophe says BICs are important

because they allow career planners to better retain the most qualified Marines by seeing the shortfalls of some Marines and the successes of others.

"Career planners are invaluable in the alignment process," said Price. "They align Marines to the correct BIC. In cases where the Marine does not meet the qualifications for a billet

"She's always been driven, from a young lady she was driven in high school so it does not surprise me how she is now, always on time, doing what she needs to do."

-JOANN CHRISTOPHE
STAFF SGT. CHRISTOPHE'S MOTHER

within that unit or if we have too many Marines assigned to that unit, career planners give them opportunities to transition to another MOS or move to another unit."

Career planners also play a vital role in retention of high quality Marines, an issue that the Commandant recently identified as a crucial effort to the future of the Marine Corps. The Commandant's Planning Guidance states "the Corps must remain committed to constantly improving the quality of our manning, training and equipping efforts and our resultant warfighting capability."

To retain Marines, career planners provide career counseling and make sure Marines clearly understand the opportunities available to them. They also work hard to put Marines in a job that fits best or helps transition them from active to Reserve. By retaining Marines, career planners help keep the Marine Corps strong and prepared for the future.

While career planners work hard year round to assist other Marines, once a year they have a chance to be recognized by the Commandant of the Marine Corps at the Combined Awards Ceremony. This year, the ceremony was packed with family and friends of the finalists, including Christophe's parents. Christophe's mother, Joann Christophe, says her daughter's hard working attitude is an important part of her character.

"From a young lady she was driven in high school so it does not surprise me how she is now, always on time, doing what she needs to do," she said. "In high school, she was with JROTC."

Christophe hadn't finished high school yet, she continued, yet Christophe had already decided to join the Marines.

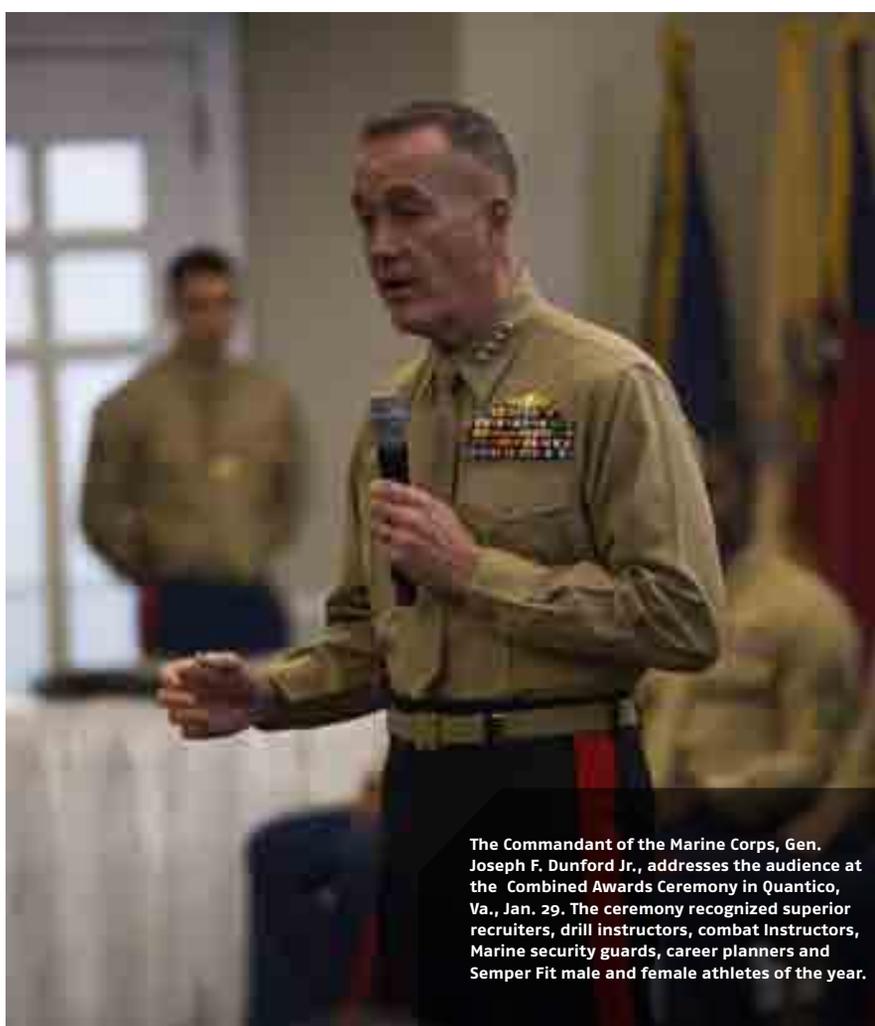
Christophe's father, Alfred G. Christophe III, also shared some of the same sentiments about her driven personality.

"I feel extremely proud," he said. "She has an unbelievable work ethic; if she could, she'd work 24 hours a day seven days a week. You'd have to make her stop and sit down."

As a career planner, Christophe takes her job very seriously and works very hard to uphold the standards set by her mentors and Marines who came before her, to whom she attributes most of her success.

"I can't help but think about the Marines that helped to shape me and mold me," said Christophe.

Christophe plans to continue to excel in her billet as a career planner and ensure Marines know to never take a uniform off that fits so well.



The Commandant of the Marine Corps, Gen. Joseph F. Dunford Jr., addresses the audience at the Combined Awards Ceremony in Quantico, Va., Jan. 29. The ceremony recognized superior recruiters, drill instructors, combat instructors, Marine security guards, career planners and Semper Fit male and female athletes of the year.



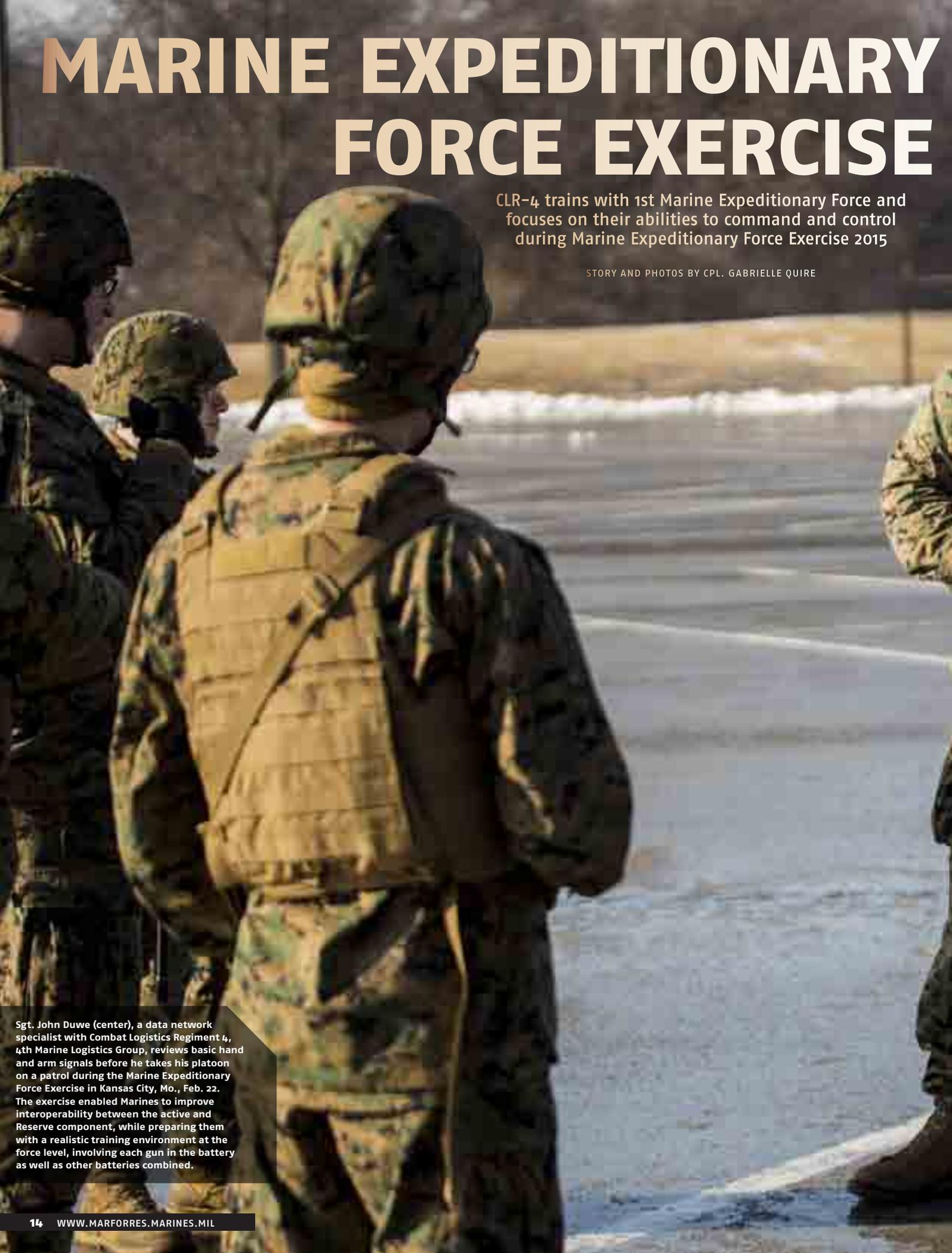
A Marine Corps color guard presents the colors during the Combined Awards Ceremony at the Clubs at Quantico in Quantico, Va., Jan. 29. The ceremony recognized superior recruiters, drill instructors, combat instructors, Marine security guards, career planners and Semper Fit male and female Athletes of the Year.



MARINE EXPEDITIONARY FORCE EXERCISE

CLR-4 trains with 1st Marine Expeditionary Force and focuses on their abilities to command and control during Marine Expeditionary Force Exercise 2015

STORY AND PHOTOS BY CPL. GABRIELLE QUIRE

A photograph showing several Marines in camouflage uniforms and helmets standing on a beach. They are looking towards the ocean. The scene is outdoors, with waves breaking on the shore in the background. The lighting suggests it might be late afternoon or early morning.

Sgt. John Duwe (center), a data network specialist with Combat Logistics Regiment 4, 4th Marine Logistics Group, reviews basic hand and arm signals before he takes his platoon on a patrol during the Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 22. The exercise enabled Marines to improve interoperability between the active and Reserve component, while preparing them with a realistic training environment at the force level, involving each gun in the battery as well as other batteries combined.



“Our focus is on being expeditionary, interoperable; and our mission essential tasks, which is the ability to command and control.”

–Maj. John L. Gallagher
Operations Officer

M

Marines with Combat Logistics

Regiment 4, 4th Marine Logistics Group, participated in a Marine Expeditionary Force Exercise in Kansas City, Missouri, Feb. 20–22.

CLR-4 conducted the exercise with I MEF, making it the first time in 10 years that I MEF has done a MEF-level exercise, because the main focus in recent years has been preparing for deployments to Afghanistan and Iraq for Operation Enduring Freedom and Operation New Dawn, respectively.

“Our guidance from Marine Forces Reserve commander, our vision and strategy, and all of the messages we’ve received has told us that the Marine Corps is changing,” said Maj. John L. Gallagher, operations officer for CLR-4, 4th MLG. “Our focus is on being expeditionary, interoperable; and our mission essential tasks, which is the ability to command and control.”

CLR-4 provided logistical support; tracked supplies, unit locations and movements; and provided aid to I MEF during the exercise. CLR-4 also conducted a Logistics Operation Center Exercise with its battalions, Combat Logistics Battalion 23 in Fort Lewis, Washington, and CLB-453 in Aurora, Colorado. CLR-4 set up communications with each battalion to interact and relay information from the regiment to I MEF in Camp Pendleton, California.

“We’re creating and simulating a tactical environment as much as we can within the narrow scope of a drill weekend,” said Gallagher.

The exercise created the opportunity for CLR-4 to work with I MEF to conduct operations at a Force level with the active component and simulate a field environment by building a

Tactical Logistics Operations Center. The TLOC was set up as a tent that contained a command and control center with a section for communications and was protected by a guard force for security. The guard force also conducted helicopter and casualty evacuation drills.

“When we deploy, it won’t be just as a Reserve Component,” said Capt. Andrew S. Cole, assistant communications officer with CLR-4, 4th MLG. “We will integrate with active duty Marines, so the more we can have that interaction in training and in peacetime, that will make it a lot easier to do our job when we have to go downrange.”

The exercise also introduced the use of a new Reserve Component Unclassified Network, a program that tracks the locations and movements of troops and equipment.

“The RCUN is basically our own training network between different Reserve units,” said Staff Sgt. Derek Holthaus, data chief at CLR-4, 4th MLG. “It also allows commanders to keep a visual representation of where the different units are out in the field and enables us to communicate.”

The training exercise tested the Reserve Component’s skills to show how well they could perform if they were called upon to do these operations in a deployable environment. Exercises like these are important to increase interoperability between the active and Reserve Components which is vital to the Marine Corps mission and overall success, said Holthaus.

Providing Reserve Marines with realistic training in a field environment and opportunities to conduct operations with the active component benefits the Corps by maintaining a ready and relevant Force.



A unit profile of CLR-4 begins on page 28



Marines with Combat Logistics Regiment 4, 4th Marine Logistics Group, discuss patrol tactics during a Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 21. The exercise also allowed Marines to practice and use the new Reserve Component Unclassified Network.



Marines with Combat Logistics Regiment 4, 4th Marine Logistics Group, prepare to conduct a mock patrol during a Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 21. The Marines conducted the exercise with 1st Marine Expeditionary Force to improve on interoperability.



Capt. Joseph S. Hodges, antiterrorism force protection officer with Combat Logistics Regiment 4, 4th Marine Logistics Group, briefs Marines using a terrain map before a casualty evacuation drill during the Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 20. Reserve Marines acted as the regimental guard force for the exercise with I MEF to improve interoperability between the active and Reserve Component, while preparing Marines with a realistic training environment at the force level.



BEEN THERE
DONE THAT





4th Marine Logistics group

TAKING THE OATH

Brig. Gen. Patrick J. Hermesmann (left), 4th Marine Logistics Group commanding general, shakes hands with Petty Officer 1st Class Wayne Bautista, a hospital corpsman with Combat Logistics Regiment 4, after a re-enlistment ceremony during Marine Expeditionary Force Exercise 2015 in Kansas City, Mo., Feb. 20. Bautista took his oath of enlistment aboard an Army CH-47 Chinook helicopter during a casualty evacuation drill.

PHOTO BY CPL. IAN LEONES



4TH MARINE AIRCRAFT WING

CPL. JOSEPH DUTTON, from Brookline, Vermont, pries nails loose in the wooden flooring of an old military housing facility, Jan. 9, during exercise Lava Viper 15-1.2. at Kawaihae Harbor, Hawaii. Combat engineers with Marine Wing Support Squadron-472, Marine Aircraft Group 49, 4th Marine Air Wing, have been tasked to refurbish the facility because the building is deteriorating.
LANCE CPL. ROBERT D. WILLIAMS JR.

FORCE HEADQUARTERS GROUP

SGT. KRISTOPHER RUSSELL (STANDING), the detachment supply chief for 6th Air Naval Gunfire Liaison Company, discusses logistical information with Marines in his Mobilization Working Group at the Marine Forces Reserve Annual Logistics Training Symposium in New Orleans, La., Jan. 28. Logistics Marines from 4th Combat Engineer Battalion, 2nd Bn., 24th Marine Regiment, Marine Aircraft Group 49, and 14th Marine Regiment, worked together during the exercise to examine the logistical requirements for various mobilizations, exercises and operations throughout MARFORRES.
CPL. TIFFANY EDWARDS





4TH MARINE DIVISION

(TOP)

SGT. BRANDON COLTER CONCANNON, a cold weather instructor assigned to 2nd Platoon, Charlie Company, 1st Battalion, 25th Marines, 4th Marine Division, Marine Forces Reserve, and the Royal Hamilton light infantry, 31st Brigade group, 4th Canadian Division conduct a reconnaissance patrol in Burwash, Ontario, Canada, Feb. 13.

LANCE CPL. ISSAC VELASQUEZ

(BOTTOM)

MAJ. GEN. PAUL W. BRIER, commanding general of 4th Marine Division and Lt. Col. Lance A. Windel, commanding officer of 4th Combat Engineer Battalion, receive the 2014 Department of Defense Reserve Family Readiness Award on Feb. 27, at the Pentagon Hall of Heroes. The DoD RFRA program recognizes the top unit in each Reserve Component that demonstrated outstanding family readiness.

LANCE CPL. JULIA D'AGOSTINO

(RIGHT)

CPL. JOEL MARTIN, of 2nd Platoon, Charlie Company, 1st Battalion, 25th Marines, 4th Marine Division, Marine Forces Reserve, hikes to a designated training area in Burwash, Ontario, Canada, Feb. 13. Exercise Frozen Riley II was a multinational exercise between Canada and the United States military.

LANCE CPL. ISSAC VELASQUEZ



WARRIOR CANINE

HEALING THE WOUNDS



At the front of the conference room, Marshall Peters and his service dog, Lundy, demonstrated to the Marines of Personnel Retrieval Processing Company (-) how a little love can go a long way.

Peters is a service dog training instructor with Warrior Canine Connection, a non-profit organization based in Brookville, Maryland, that uses canine-based therapy to help wounded veterans readjust to society. The program offers volunteer opportunities as service dog trainers to veterans undergoing treatment at Walter Reed National Medical Center and the Menlo Park Campus of the Department of Veterans Affairs for post-traumatic stress disorder, traumatic brain injuries and mobility issues. After completing their training, the dogs are assigned to veterans with the same issues, while the trainers continue to train new puppies, allowing them a chance to learn techniques to cope with feelings of loss, guilt, fear and anxiety, as well as how to handle the daily stressors of civilian life.

"I was a hospital corpsman for six and a half years in the United States Navy," Peters said. "My experiences were wide and varied, but the one that had the biggest impact for me was my deployment to Afghanistan in 2009 and 2010."

Peters was assigned to a trauma facility at Kandahar Airfield during his deployment, where he saw and treated numerous battlefield injuries.

"When I returned home from that deployment, I brought a lot of that imagery with me, which caused a lot of anxiety and insomnia issues," Peters said. "My involvement with the dogs helped tremendously with being out in public again... because I was focused on the training of the dogs, making sure they were comfortable and confident in those situations, which started to rub off on me."

For Nickolas Gervasoni, a medically retired Marine military police officer, his experience with the WCC has helped him in many aspects. After seven years in the Marine Corps and a tour to Afghanistan, he credits his work with the dogs with helping him sleep better at night, staying calm in social situations and giving him further perspective into the issues he and his fellow veterans face after living through combat.

"I was transitioning back to civilian life and getting treatment, and doing what I needed to do, but it wasn't really working out. Then I heard about the program," Gervasoni said. "I put in an application to become a dog trainer, and by the next week I was in there working with the dogs. I fell in love with it and started working with the dogs twice a week, an hour each session. It felt like my personal getaway."

After working with the program for six months, Gervasoni applied and was approved for his own service dog through the WCC. He personally trained his dog Penny for a month and a half before she was officially placed with him.

"It has completely turned me around," Gervasoni said. "I was in a really bad place about a year ago, and transitioning into civilian life just wasn't coming together the way I thought it would. I was having a really difficult time accepting that I couldn't serve anymore since I was being medically retired."



Marshall Peters, a service dog training instructor with the Warrior Canine Connection, plays with his service dog Lundy at the Yellow Ribbon Reintegration Program post-deployment training in Washington, D.C., Jan. 24. Peters spoke to Marines at the conference about his experience as a Navy veteran and how training service dogs helped him deal with personal issues after being deployed.



Later, Peters gives an example on how training a service dog helps veterans deal with personal issues after being deployed.



CONNECTION: OF WAR, ONE DOG AT A TIME

Once I got her, it took us some time to bond. She was being stubborn and I was being impatient, but once we got past that, the change happened almost overnight."

Gervasoni said everything was affected. After months of sleeping only one to two hours a night, he was sleeping better, as well as handling public situations in stride. Penny also helps him with mobility issues he developed from a serious back injury. Since his time with Penny, Gervasoni was able to start an internship with a veteran's program and get back to living a normal life.

"Going through this program, I have met guys who are in way worse situations than I have been in," Gervasoni said. "It has really given me the motivation to try and help them out."

WCC founder and executive director Rick Yount followed his personal motivation to help veterans get back to their lives after being exposed to the intense situations that are a part of military life. In 2005, after years of experience as a social worker, Yount got the idea to start a service dog program for veterans with dogs being trained by veterans as a form of therapy and community service.

"Who would be better to train mobility service dogs for veterans who have been waiting for years to get them? Who is better suited for that training other than fellow warriors and veterans who are in treatment for post-deployment issues and can also benefit from learning how to train these dogs?" Yount asks.

Yount used his experience as a social worker to research how training dogs would help veterans suffering from PTSD. He found that it could provide solutions to the many symptoms of PTSD, from emotional numbing, isolation, and avoidance, to survivor's guilt and difficulties reintegrating with family and friends. The program began after Yount proposed it to the chief of recreational therapy at the Palo Alto Veteran's Association and later to the Menlo Park Trauma Recovery Program.

"The point of the training, for it to work as therapy, is to get these warriors to forget about themselves in stressful situations, and to focus on training the dog," Yount said. "In order to train the dog effectively, they have to be able to immediately challenge their own intrusive thoughts in the moment, to overcome them and focus on the mission. It's mission-based; you aren't doing this for yourself, you're doing it for a fellow warrior."

According to its website, the WCC program breeds golden retrievers based on temperament and strength. Puppies are then socialized with active duty, veteran and civilian volunteers for the first three months of their lives. After the initial socialization phase, the puppies are trained by various veterans until they are 30 months old and then placed with a veteran with mobility issues. Through this process, the average WCC service dog may come into contact with more than 60 veterans, helping them heal the internal wounds of war, while completing their mission to help a fellow warrior. For more information about the history and mission of the WCC, visit www.warriorcanineconnection.org.



Nickolas Gervasoni, a service dog trainer with the Warrior Canine Connection, hugs his service dog Penny at the Yellow Ribbon Reintegration Program post-deployment training in Washington, D.C., Jan. 24. Gervasoni, a medically retired Marine corporal, joined the organization as a way to learn to deal with the daily stressors of reintegrating into civilian life.



Marshall Peters, a service dog training instructor with the Warrior Canine Connection, plays with his service dog Lundy at the Yellow Ribbon Reintegration Program post-deployment training in Washington, D.C., Jan. 24. Peters spoke to Marines at the conference about his experience as a Navy veteran and how training service dogs helped him deal with personal issues after being deployed.



GUARDIAN ANGELS

STORY BY CPL. BRYTANI MUSICK

HONOR COURAGE COMMITMENT



Marines took an oath to protect this country and the people in it. But they do more than fight wars. They have normal jobs and raise families. They volunteer in the community and when the time comes, they save the lives of fellow Americans in their own backyard.

In the 36th Commandant's Planning Guidance released earlier this year, Gen. Joseph F. Dunford Jr. describes Marines as "young men and women who are disciplined, smart, physically and mentally tough, and who remain always faithful to each other and to our Corps."

Reserve Marines have a unique ability to blend in with their community because they don't wear their uniform daily. But they have something very powerful instilled in them, something the Commandant calls "a bias for action."

That bias for action has been exceptionally displayed by several Marines in recent events across the country.

MARINES RESCUE WOMAN FROM OVERTURNED CAR

On Nov. 26, 2014, three Marines with Bravo Company, 1st Battalion, 23rd Marine Regiment, 4th Marine Division, got the opportunity to step into action.

After conducting a funeral detail in Shelbyville, Texas, the Marines started the drive back to their home unit in Bossier City, Louisiana. Less than a mile down the road from the cemetery, the Marines saw an overturned vehicle.

"I just wanted to help her. Why wouldn't anybody stop to help a person in a situation like that?" said Staff Sgt. Micheal G. McGee, the Inspector-Instructor administration chief for Bravo Co., 1st Bn., 23rd Marines, 4th Marine Division.

Upon reaching the accident, McGee told lance corporals Calvin J. Combs and Brandon L. Persilver, two Reserve Marines who were with him, to get through the passenger window and get her out of her seatbelt.

"I knew that I had to take control of the situation and get the lady out of her truck," said McGee.

He looked over the woman's body, searching for any injuries, finding only a couple of minor scrapes. McGee credits the Marine Corps Combat Lifesavers Course for teaching him how to check for wounds and assess a situation before taking action.

"It would just be your basic human instincts to help another person," said McGee.

Once emergency medical technicians arrived and took control of the situation, the Marines got in their van to head back home.

"It was quiet for 15 minutes," said McGee. "Then I told the Marines, 'Hey gentlemen, you guys did really good back there. But I just want to make it very clear none of us are heroes. You just did what you were supposed to do,' and they all agreed. We just did what anybody would have done."

MARINE AND CORPSMAN SAVE SHOOTING VICTIM ON BOURBON STREET

On June 29, 2014, Gunnery Sgt. William McDaniel helped save the life of 21-year-old Amy Matthews, a Perth, Australia native, who was visiting New Orleans after graduating college.

While McDaniel, who has served in the Individual Ready Reserve since Sept. 2014, was on the job as a security guard at a club on Bourbon Street, a gunman opened fire, hitting 10 people, including Amy, who was shot in the mouth.

Once gunshots rang out, McDaniel immediately took action.

"I got an assessment of what was going on and got all of my security guys out of the street and inside to safety," said McDaniel.

Marines are known for taking care of their own, but when the occasion arises, Marines will take care of anyone in need. McDaniel was not just worried about the men he worked with; he was also concerned with helping the other people around him. When shots were fired, the club went into lockdown. Nobody got in or out of the building.

"It took moral courage to face my manager and say 'I don't care if I lose my job, I'm going outside,'" said McDaniel. "It took physical courage to face the onslaught of a barrage of bullets."

Navy Corpsman Joshua Whatman, who was also on Bourbon Street that night with friends, reacted without question when he heard the gunshots. Whatman joined McDaniel next to Amy and helped stop the bleeding by using his shirt to apply pressure to her wounds. The training and immediate action of a Navy Corpsman and Marine helped save Amy's life.

McDaniel, who has been deployed four times, knows what to expect in combat while facing rounds flying down range but he says this event was disheartening to face.

"For Marines, our biggest thing is to go overseas and fight and it's usually for cops and other first responders to deal with bullets coming at them at home. When we deploy, we go into game-on mode, when we come home it's relax mode."

But even when Marines come home from a deployment, that always-ready attitude cannot instantly disappear.

"You hear about violence every day on the news but you never really think you're going to be in it," said McDaniel. "From the Marine point of view it's kind of like what we train for, to be ready in any clime or place. You just never think that means your home turf."

Like McGee, McDaniel doesn't consider himself a hero for taking action when everybody else was running away from the scene.

"It's just our training and our willingness to help and get in and lend a hand wherever we can," said McDaniel. "That's part of our core values and what separates us from a lot of the civilian population."

Matthews called McDaniel her "New Orleans angel" in an article released on the Fox 8 news website, published July 10, 2014.

"It's a humbling experience to know that you made such an impact on people's lives," says McDaniel. "To know that you had a hand in saving someone's life as far as changing their outlook and perspective on their life is very humbling."

MARINE SAVES CARDIAC ARREST VICTIM IN GRAND CENTRAL

A Reserve Marine with Marine Medium Tiltrotor Squadron (VMM-764), Marine Aircraft Group 41, 4th Marine Aircraft Wing, experienced that humbling feeling when he got the opportunity to help save a man's life while traveling home from work in New York City like any regular day.

When 71-year-old Moises Dreszer collapsed in Grand Central Station and went into cardiac arrest, his wife Cathy yelled for help hoping anybody in the crowd would help save her husband. That's when Sgt. Francis W. Rush IV stepped in.

"I was concerned since I saw the gentleman lying on the floor," said Rush. "I ran over to assess the situation and render my skills and abilities."

On Jan. 23, 2015, Rush performed cardio-pulmonary resuscitation on Dreszer and ultimately saved his life.

"It's basic instinct," said Rush. "It is just doing the right thing and giving your all to help an individual in need."

Rush credits the Marine Corps for training him on situational awareness and for the courage to step up. He says his training as a volunteer firefighter provided the basic emergency medical technician skills needed that day.

"Being a volunteer firefighter and Marine, we all have it programed into us to react to scenarios and situations without hesitation."

Mrs. Dreszer told the *New York Post* publication, "I feel like we've been surrounded by angels."

But Rush does not consider himself a hero, much less an angel. He is just glad he was there to help.

"It is an extremely humbling experience that will remain with me for the rest of my life."

Rush hopes the people who read about the event that day will be impacted so when they find themselves in a similar situation, they will react rather than stand by.

BIAS FOR ACTION

Remaining vigilant and responding without question keeps not only our fellow brothers and sisters in uniform safe, but, in instances like this, can save the lives of someone in need anywhere they face trouble.

Marines' training prepares them for whatever challenges they may face any time of day. As our training doctrine states in Sustaining the Transformation, "Beyond preparing a Marine Corps that will win in combat, what truly distinguishes our legacy to our nation are the citizens we produce – citizens transformed by their Marine Corps experience and enriched by internalization of our ethos, ideals and values."

These Marines displayed those traits and showcased what Marines stand for as an organization that America not only needs but wants.

Q & A

With

Command Master Chief
Christopher Kotz



Master Chief Christopher Kotz (left), command master chief of Marine Forces Reserve, counsels Petty Officer 1st Class Ashley N. Smith (right), MARFORRES G-1 administrative clerk, on her collateral duties. Developing and mentoring Sailors is an important duty for senior enlisted Navy personnel.

PHOTO BY LANCE CPL. IAN FERRO

BIO:

Command Master Chief Christopher Kotz hails from North Augusta, South Carolina and enlisted in the United States Navy in February, 1991. Following completion of basic training at Recruit Training Command, San Diego, California, he attended Basic Hospital Corps School, Naval School of Health Sciences, San Diego.

He has served at sea aboard USS Estocin (FFG 15), USS Samuel Eliot Morison (FFG 13), USS Stephen W. Groves (FFG 29), LCS Crew 101 in USS FREEDOM (LCS 1), USS Fort Worth (LCS 3) and has a combat tour with Task Force Military Police, 1st Battalion, 14th Marines (Reinforced) in support of Operation Iraqi Freedom.

His shore tours include Navy Reserve Center, Tyler, Texas, Branch Medical Clinic Fort Worth, Texas, Navy Reserve Readiness Command South, Inspector-Instructor, Company F(-), 2nd Battalion, 23d Marines and Littoral Combat Ship Squadron One.

He is a graduate from the Surface Force Independent Duty Corps School; United States Navy Senior Enlisted Academy, Class 140; Command Leadership School, Class 95 and has earned a bachelor's degree in Organizational Management from Ashford University.

His decorations include the Meritorious Service Medal, Navy and Marine Corps Commendation Medal (6 awards), Navy and Marine Corps Achievement Medal (4 awards) and various unit and campaign awards.

Kotz is taking over from Command Master Chief Eric E. Cousin as Command Master Chief of Marine Forces Reserve and Marine Forces North headquartered in New Orleans, Louisiana.

What do you think are some of the biggest challenges that Sailors face today?

We are in information overload. There is so much information out there, but it is difficult to make it easy and user friendly for Sailors. When I go on the road or meet Sailors, I try to get them vectored in on the key components to get their careers moving forward. Information management becomes one of our most distinct challenges in ensuring that Sailors' careers move forward.

If given the chance, would you change anything about your career?

Absolutely not. I never pictured being a master chief in the Navy. Frankly, I pictured myself doing one tour on a ship somewhere and getting out and going to college, but I fell in love with the Navy. I wasn't ready to go to college, I wasn't mature enough. I knew I wouldn't do well without some structure. I came into the Navy and found what we call a "sea daddy," a senior enlisted advisor who mentors junior Sailors and gets them focused on their careers early. I had a great "sea daddy" and once it was time to re-enlist it was a natural thing for me. I wanted more. When it came time to enlist again I still wanted more. I feel like I've closed my eyes and opened them and here I am 24 years later.

In your own words, what makes a good leader?

Leadership is one of those things that we know when we see it. My personal definition is someone with management abilities and charisma. I have been fortunate to experience a lot of great leaders and I take a little bit from every person. My last great leader was my last commanding officer. He had a foundation of mutual respect and I really started to study that. A leader is transformational. A leader is capable of understanding all the principles of management and leadership, and employing them as needed to adapt to the situation.

What do you think the Navy's role is in the commander's vision and strategy for the next four years?

The Navy is part of the Marine Corps team. When the Commanding General speaks, he speaks about executing the mission. That should be first and foremost, we should be tied and aligned to that mission. There are no independent operators in the Navy and Marine Corps team. We are focused on the same mission. We are executing our strategy to go out and win our nation's wars wherever they may be.

What direction do you have for the Navy personnel at Marine Forces Reserve?

Be ready for what you are going to face tomorrow, but also take care of your careers. Especially if you are geographically isolated, we tend to get focused on what's in front of us and not what's in our periphery as part of our readiness. Dedicate some time every day to do some career management, whether it is studying for the next advancement exam, preparing for the next selection board, grooming a service record or professional development.

What do you do for fun?

I love history, especially Navy history. When I was in San Diego, where I just came from, I learned everything I possibly could about the Navy in San Diego. I know there is a wealth of Navy and Marine Corps history here in New Orleans, so I am looking forward to increasing my knowledge of the history of the military in the geographical locations I am in.

Do you have any other hobbies?

I like going to Comic-Con and I like going to those types of comic book events with my kids because they enjoy it. I never really took to it until I had kids. They wanted to go, so we went to Comic-Con in San Diego and now we go to Game-Con and Wizard-Con. It's really a unique study in human behavior. My kids love it and I support my kids, so it has become a small hobby for me.

What is something that people don't know about you?

To people in the military, I am seen as a business kind of guy. What people really don't know about me is that I'm also a family kind of guy. I have a tremendous amount of family and deep ties to my family. I have 22 cousins spread out across this country who I keep in touch with.

What was your favorite duty station?

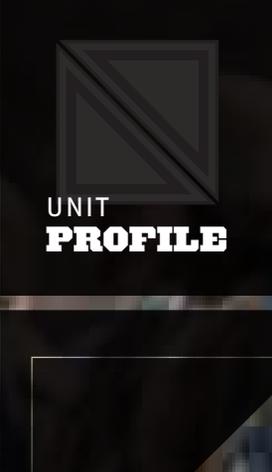
I was deployed with Task Force MP. We went to Fallujah and ended up moving to Al Asad Air Base. That duty there for me was one of my first true leadership challenges. I had over 70 Navy personnel geographically dispersed over Iraq and I had to visit them all. I really honed my leadership skills on the battlefield. I know that sounds a little cliché, but I think it made me a stronger leader today. My heart bleeds green for the Marine Corps because I believe it was a launching pad for my senior enlisted career.

What is the most unique country or place you have traveled to?

The most unique country I have visited was Israel. I did three weeks in Israel with a Reserve rifle company. It was interesting because I got to work with the Department of State, and it opened my eyes to the jump from mission planning to mission execution. Israel is beautiful. I knew there was a deep history, but to take it in and learn about the country changed my view of what I thought Israel would be. I ended up scuba diving in the Mediterranean and the Red Sea. I thought it was quite amazing.

What career advice would you give to young Sailors?

In the current climate that we live in, we have to be ready to fight a war at any time and place. I believe that readiness is defined as all things needed for you to do your mission. Anything from physical readiness, medical readiness, family readiness, those are all key components to staying a viable asset to the Navy and Marine Corps team.



UNIT
PROFILE



COMBAT LOGISTICS REGIMENT 4

LOCATION: Kansas City, Missouri

Marines with Combat Logistics Regiment 4, 4th Marine Logistics Group, prepare to conduct a mock patrol during a Marine Expeditionary Force Exercise in Kansas City, Mo., Feb. 21. Reserve Marines acted as the regimental guard force for the exercise with I MEF to improve interoperability between the active and Reserve component, while preparing Marines with a realistic training environment at the force level.

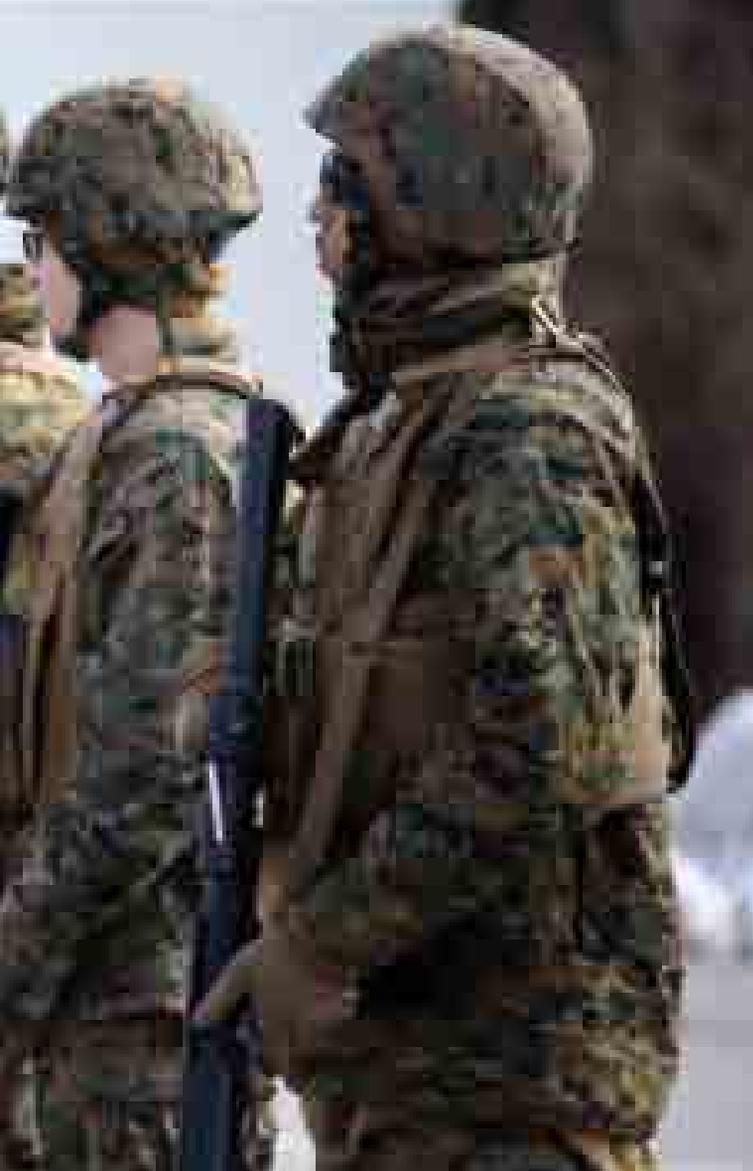
PHOTO BY CPL. GABRIELLE QUIRE

Combat Logistics Regiment (CLR-4), the Black Diamond Regiment, was activated September 8, 2013, at the Regimental Headquarters in Kansas City, Missouri. CLR-4 is composed of two Battalions: Combat Logistics Battalion 23, headquartered in Fort Lewis, Washington and Combat Logistics Battalion 453, headquartered in Aurora, Colorado. The Regiment operates from 16 locations across the country.

The lineage of CLR-4 is being written by the nearly 2,200 Marines, Sailors and civilians presently serving and who carry forward the proud history,

legacy and traditions of the units that have contributed to CLR-4.

CLR-4 Marines and Sailors have served in Operation Enduring Freedom (OEF), the Black Sea Rotational Force (BSRF); participated in various exercises including Ulchi Freedom Guardian, Key Resolve, Blue Thunder, 14th Marines' Fire Exercise, PTAP Norway, African Lion and the recently completed I Marine Expeditionary Force Exercise. Additionally, CLR-4 has supported deployments in the United States Central Command area of responsibility.



CLR-4 QUICK FACTS

The 24th Marine Regiment was deactivated and their colors cased during the CLR-4 Activation Ceremony. As part of the Force Structure Review Group, the following units were deactivated and reformed into the core of the new CLR-4:

- 24th Marine Regiment, 4th Marine Division (deactivated)
- Marine Air Control Squadron 23, 4th Marine Aircraft Wing (deactivated)
- 4th Landing Support Battalion, 4th Marine Logistics Group (deactivated)
- 4th Supply Battalion, 4th Marine Logistics Group (deactivated)
- 4th Maintenance Battalion, 4th Marine Logistics Group (deactivated)

For the Marines and Sailors of CLR-4, Headquarters in Kansas City, Missouri, their legacy and lineage include a storied past of combat operations supporting Operation Enduring Freedom, Operation Iraqi Freedom, the Global War on Terror, Operations Desert Shield and Storm,. They were part of various other joint and strategic endeavors, such as two deployments supporting the Partnership of the Americas and were the last Marine Corps Battalion deployed in Iraq during operation New Dawn.

COMMANDING OFFICER: Col. Joseph N. Raftery

SERGEANT MAJOR: Sgt. Maj. James J. Karnes

MISSION: Combat Logistics Regiment 4 provides task-organized forces to the Marine Corps for employment in time of war, national emergency, or as otherwise directed, in order to meet operational or strategic reserve requirements. Concurrently, the Regiment provides combat service support to units in training and in garrison, and conducts community relations operations within its area of operations, in order to properly execute its responsibilities to both its supported units and the nation.



BE SMART,
BE SAFE

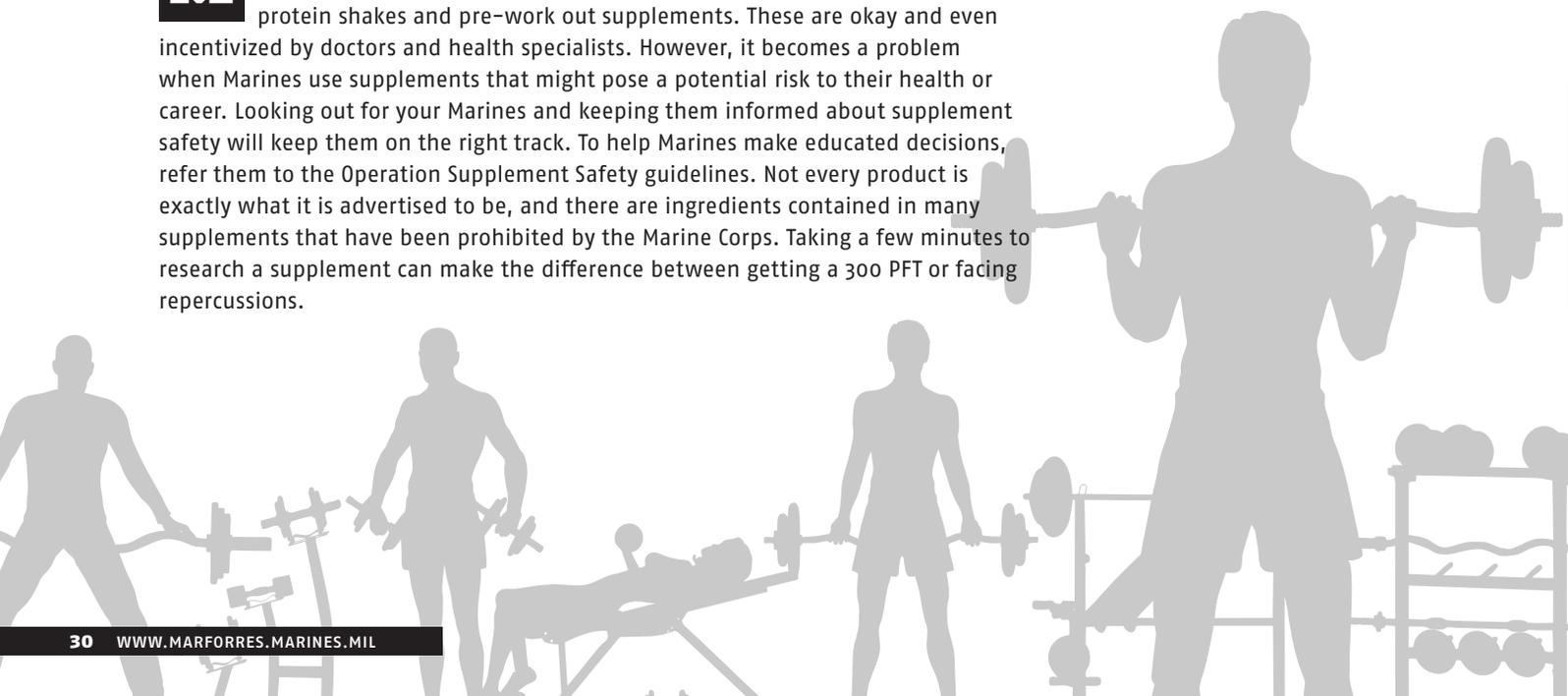


PHOTO BY SGT. AUSTIN HAZARD

SUPPLEMENT SAFETY

BY LANCE CPL. IAN FERRO

Marines constantly strive to become faster and stronger. To aid in the process of self-improvement, many Marines use supplements, such as protein shakes and pre-work out supplements. These are okay and even incentivized by doctors and health specialists. However, it becomes a problem when Marines use supplements that might pose a potential risk to their health or career. Looking out for your Marines and keeping them informed about supplement safety will keep them on the right track. To help Marines make educated decisions, refer them to the Operation Supplement Safety guidelines. Not every product is exactly what it is advertised to be, and there are ingredients contained in many supplements that have been prohibited by the Marine Corps. Taking a few minutes to research a supplement can make the difference between getting a 300 PFT or facing repercussions.



Many warfighters use supplements to improve their health and performance, but getting good information isn't always easy. Check out resources from the Natural Medicines Comprehensive Database at hprc-online.org

WHAT TO LOOK OUT FOR:

These products have been flagged :

- Products containing 3-Dimethylamylamine, or DMAA, were pulled from the shelves in military stores after the chemical was linked to the deaths of two soldiers.

- DMAA can be found in energy and weight-loss supplements like Jack3d and OxyElite Pro.

- Some dietary supplement products contain stimulants, steroids, hormone-like ingredients, controlled substances or unapproved drugs. The Operation Supplement Safety High-Risk Supplement List helps you identify supplements that might pose a potential risk to your health or career.

- The OPSS High-Risk Supplement List is also a tool to help healthcare providers identify products that could pose a risk to the health of service members.

OPERATION SUPPLEMENT SAFETY

- **THE OPSS CAMPAIGN:**

The campaign is designed to educate service members and retirees, their family members, leaders, healthcare providers and DoD civilians about dietary supplements. It gives them the tools to be smart supplement users or non-users.

- **WHO IS INVOLVED:**

The campaign features service members who are also Olympic athletes and promotes a one-stop shop for the latest information on dietary supplements, giving the DoD community the tools to find out if the supplements they are using—or considering—are effective, high-quality and safe.

- **LIST:**

For a list of high risk supplements and more information visit www.supplement411.org/opss/highrisklist.html

SOURCE:
HPRC-ONLINE.ORG





SAVED ROUNDS



Sgt. William Turner (center), a team leader, and Staff Sgt. Sergio Rosas (right), company staff non-commissioned officer in charge of Personnel Retrieval and Processing Company (-), 4th Marine Logistics Group, speak to Christine Doboszewski, a personal financial advisor at the Yellow Ribbon Reintegration Program post-deployment training conference, Jan. 24-25, in Washington.

POST-DEPLOYMENT

PERSONNEL RETRIEVAL AND PROCESSING COMPANY REINTEGRATE INTO THE CIVILIAN WORLD

STORY AND PHOTO BY CPL. TIFFANY EDWARDS

After being deployed to Afghanistan for nearly eight months, the Marines of Personnel Retrieval and Processing Company (-), 4th Marine Logistics Group, gathered with their loved ones for the Yellow Ribbon Reintegration Program post-deployment training conference, Jan. 24-25, in Washington, D.C. The unit, after being deployed to Camp Bastion and Kandahar, Afghanistan, attended the training as a required follow-up to their return to the continental United States.

The YRRP post-deployment training was organized by the 4th MLG Family Readiness Officer, Hillary Robinson, and featured resources from the Department of Veterans Affairs, the American Red Cross, Employer Support of the Guard and Reserve, Marine For Life, and other organizations that offer financial, health and employment advice.

“This training gives the Marines the tools needed to successfully reintegrate into their family and civilian lives,” said Robinson. “Each person will be able to take away a piece of knowledge to use for themselves.”

Sgt. Janelle Naranjo, a team leader with Det.

PRP Co. (-), said the training bore similarities to the training provided during transition from active duty to the Selected Marine Corps Reserve.

“This training is a bit of a refresher for me, but for the Reserve Marines who are returning from their first time on an active-component status, they are getting a feel for what resources are out there to help them,” Naranjo said. “I’ve used a lot of these resources to transition back into the civilian sector, mainly to help with my education and medical benefits.”

The Marines also received a welcome brief from 4th MLG Sgt. Maj. Gary Smith. He emphasized the importance of “The Four Ships”: leadership, partnership, friendship and mentorship within their units to foster unit camaraderie and resiliency among individual Marines.

“This program is extremely useful because it takes us Marines where we need to go with our training,” Smith said. “There is no ‘taking a knee,’ because Marines need to remain ready, relevant and responsive. We need Marines to be able to ‘snap back’ and remain resilient, and it is our job to give them the tools to be resilient.” ■



Navy Capt. John A. McGurty Jr., Marine Forces Reserve force surgeon, addresses Navy personnel during the annual Marine Forces Reserve Surgeon's Conference at Marine Corps Support Facility New Orleans, Feb. 6.

NAVY SURGEONS

MARINE FORCES RESERVE HOLDS ANNUAL SURGEON'S CONFERENCE

STORY BY CPL. GABRIELLE QUIRE

Navy personnel from across the United States attended the annual Marine Forces Reserve Surgeon's Conference at Marine Corps Support Facility New Orleans, Feb. 6-8.

The conference allowed senior medical leadership to collaborate on issues which directly affect medical readiness and the provision of healthcare to Marines.

The conference's objective is to give senior medical leadership tools and directives to implement within their junior medical officers and surgeons as well as provide health readiness training and medical support to major exercises.

Each day, subject matter experts led group discussions on various topics such as funding, reporting data properly and getting necessary billets filled. There were opportunities to ask questions, raise concerns and share information on the best ideas and business practices.

The MARFORRES Surgeon's Conference enabled the wide range of medical fields to coordinate their work and more effectively share information. This, in turn, keeps Marines safer and better prepared for challenges that lay ahead. ■



GIVING BACK

MARINES VOLUNTEER FOR THEIR COMMUNITY

STORY AND PHOTO BY CPL. TIFFANY EDWARDS



Sgt. Ashley Price, an administrative specialist with the Marine Forces Reserve Material Readiness Training Cell, picks navel oranges at Second Harvest Food Bank in Belle Chasse, La. Saturday, Jan. 17.

New Orleans-based Marines joined young children, teenagers and parents, donning gloves and shoulder bags to harvest the citrus orchard at Second Harvest Food Bank, Jan. 17 in Belle Chasse, Louisiana, to help feed the needy. Volunteers picked navel oranges and kumquats to be distributed to food pantries, kitchens and shelters across southern Louisiana. The food bank offered this unique volunteer opportunity to the local community and the Marines of Marine Forces Reserve. For some Marines, the event was an extension of their duty as leaders-in-training.

"I think it's not only a great way to serve the community but it's also a great way for Marines to learn how their community is affected by their service," Lance Cpl. Benjamin Kulp, a comptroller Marine, said. "It teaches us to work and lead with the heart of a servant. We learn to ask ourselves what we can do for others."

Since the beginning of 2015, MARFORRES volunteers have completed 211 service hours in eight different community service projects. In 2014, MARFORRES volunteers completed 6,946 service hours in 160 community service projects. ■



Marines from Marine Forces Reserve practice how to properly report a casualty and possible toxic gas during a chemical, biological, radiological and nuclear defense training simulation aboard Naval Air Station Joint Reserve Base New Orleans, Feb. 5.

CBRN

MARINES TRAIN TO INCREASE UNIT READINESS

STORY AND PHOTO BY LANCE CPL. IAN FERRO

Selectd Marines from units throughout Marine Forces Reserve attended a five-day chemical, biological, radiological and nuclear defense training course aboard Naval Air Station Joint Reserve Base New Orleans, Feb. 5.

This training aims to make more Marines knowledgeable about CBRN defense and increase the readiness of units that don't have their own CBRN defense specialists. Everything the Marines learn from the course helps them become more prepared and aware of how to proceed during a dangerous situation.

The Marines learned about different types of toxic contaminations, equipment, how to use it and how to react to different scenarios and situations.

The training ended with a practical application where the Marines performed what they learned through a series of realistic scenarios and situations which required the proper use of their equipment and team work.

After the course was completed, the Marines were ready to return to their units with the knowledge needed to teach the basic concepts to other Marines. ■



WITH THE
GEAR

SPECIFICATIONS

View: Biocular, 30-by-40-degree wide-field-of-view with 100 percent overlap

Ejection: Capability to 550 Knots Equivalent AirSpeed

Compatibilities: Compatible with eyeglasses and laser eye protection (LEP) devices

Settings: Multiple interpupillary distance (IPD)

Fit: Custom helmet liner for precise fit and comfort

QUICK FACTS

MORE FEATURES

- Integrated, virtual heads-up display on the helmet visor for critical flight and mission information with a smooth transition to HMD symbology
- High accuracy and tracking with auto-boresighting
- Active noise reduction (ANR)
- Digital night vision sensor
- Video Recording
- Look-through-aircraft capability via Digital Aerial Solutions (DAS) imagery



F-35 GEN III HELMET MOUNTED DISPLAY

The F-35 Gen III Helmet Mounted display is a new fighter pilot helmet developed in conjunction with the F-35 Lightning II fighter jet.

The helmet system was developed to provide an interface that integrates pilots into the F-35 Lightning like never before. The helmet increases a pilot's situational awareness by displaying critical flight information.

It also offers new features including a system that can look at a target to aim a pilot's weapons while allowing them to maintain spatial awareness of their surroundings. The helmet offers the ability to project night vision directly onto the visor and includes an optimized center of gravity to reduce pilot fatigue.

SOURCE: WWW.ROCKWELLCOLLINS.COM



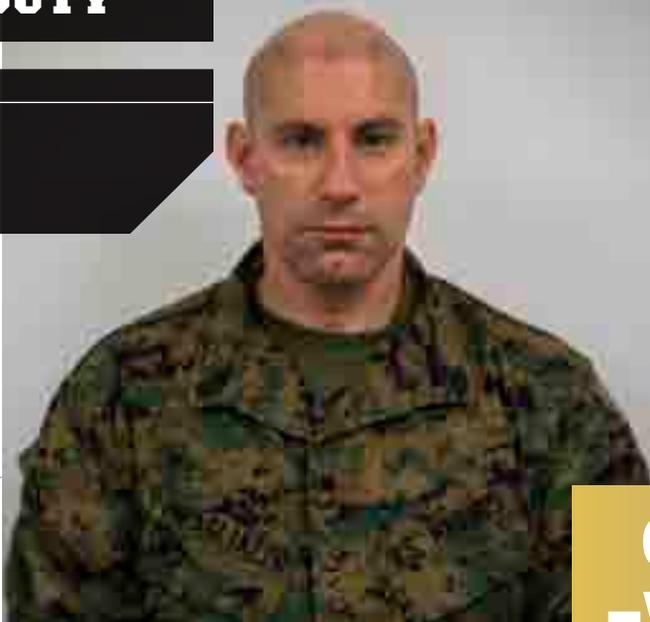
Marine Fighter Attack Training Squadron 501 welcomes the first United Kingdom F-35B Lightning II Joint Strike Fighter aboard Marine Corps Air Station Beaufort, Feb. 3. The jet was flown by U.K. Royal Air Force pilot Hugh Nichols, the UK senior national representative from Eglin Air Force Base, Fl.

PHOTO BY PFC. SAMANTHA TORRES



DOUBLE DUTY

PHOTO BY CPL. GABRIELLE QUIRE



GI -VS- JOE

PHOTO BY CPL. GABRIELLE QUIRE



MASTER GUNNERY SGT. FRANK IMPAGLIAZZO

BILLET: Future operations chief

UNIT: Combat Logistics Regiment 4

TIME IN SERVICE: 27 years

REASON FOR JOINING: I was fresh out of high school and all of my friends were going to college or getting a job. I wanted to do something different.

RESPONSIBILITIES: I work with the operations officer to manage training and mission requirements that are at least six months away.

MEMORABLE MOMENT: Joining this unit in June of last year was memorable because this used to be the 24th Marines, so we had to transition from being an infantry unit to a logistics one. It was our active training season, so we were allowed to do our own AT during the transition. We were working with a new set of Marines to do a completely different mission for the Marine Corps, and we were very successful in laying the ground work for this unit.

FRANK IMPAGLIAZZO

BILLET: Social worker for the Department of Children, Youth and Families

FROM: Rhode Island

TIME IN SERVICE: 14 months

REASON FOR JOINING: I started off in human services, working on welfare benefits and wanted to make the jump over to something more challenging.

RESPONSIBILITIES: I work with the Family Support Unit, doing case work for children who have serious illnesses or who have experienced abuse or neglect.

MEMORABLE MOMENT: It's neat to see a parent reunite with their child. Initially when we remove a child from a home, there is a lot of planning involved, and the parent or parents really have to want to be reunited with their child in order to be successful. It's a long process that can take 12 months, so it is great to see parents reunite with their child in the end.



MILITARY EXPRESSIONS FROM AROUND THE CORPS

CASEVAC: Casualty evacuation

LZ: Landing zone

OMPF: Official Military Personnel File

QRF: Quick Reaction Force, highly mobile stand by force

MOPP: Mission Oriented Protective Posture, defense equipment against Nuclear, Biological and Chemical Weapons

1ST CIV DIV: Civilian Life



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Hero 2 Hired

Hero 2 Hired has transferred its online capabilities to the Department of Veterans Employment Center to strengthen interagency collaboration. In addition to online career tools, employment coordinators for each state are available to provide quality career assistance to service members ready to start their civilian career.

- **Search Veterans Job Bank**

- **Translate military experience to correlating skills**

- **Build a profile and resume**

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