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MARINEFORCESRESERVE | FEBRUARY 2016

COMMUNICATOR

BY THE NUMBERS

* As of January 2016



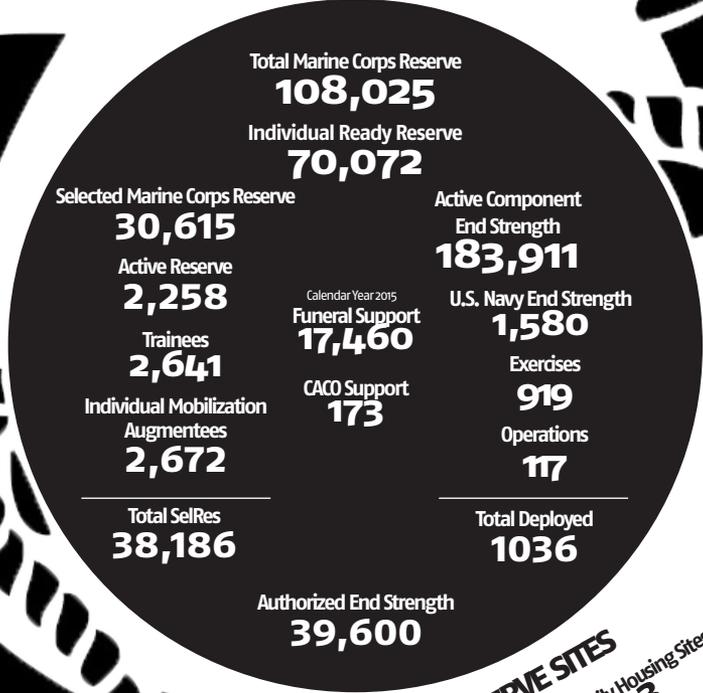
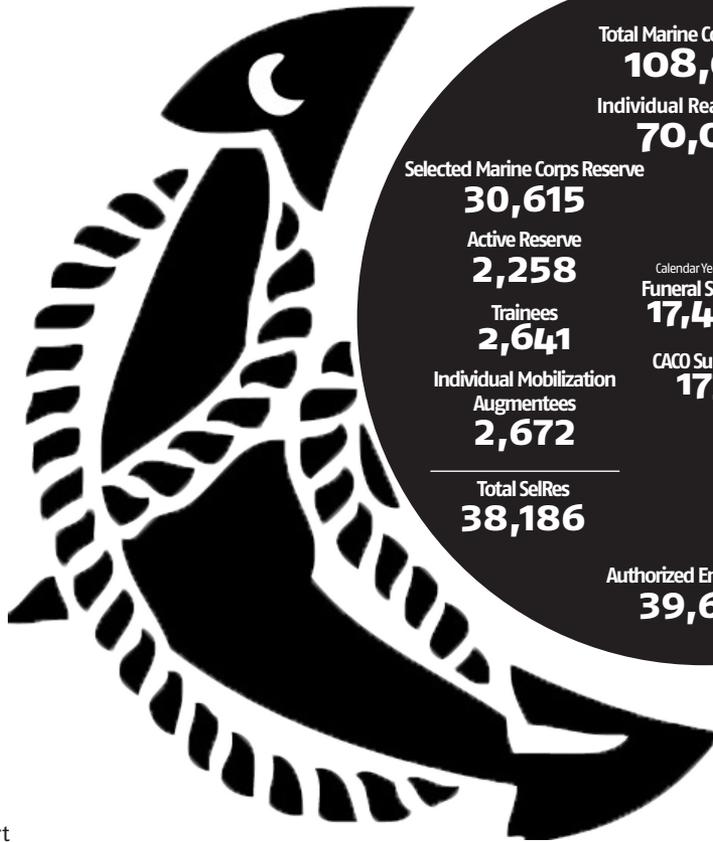
LT. GEN. REX C. MCMILLIAN

Commander, Marine Forces Reserve

You have made a significant investment in earning the title of Marine. Your journey to finally holding that eagle, globe and anchor is undoubtedly among your most significant accomplishments. You must never forget the effort it took to get you there and what it means to be a Marine.

While most of us are already doing the right thing, there are certain behaviors, particularly with alcohol, that can compromise this, and all of your other achievements. The essence of the "Protect What You've Earned" campaign is to not put at risk via a poor decision the rank you have earned, the money you make, your professional reputation, and your standing in the eyes of your loved ones and peers.

I expect all of our leaders, from the noncommissioned officers all the way up the chain of command, to disseminate this important message. We uphold our standards both in and out of uniform. Being a Marine is a privilege. You've earned it. You must view it as an investment and protect what you have earned. Semper Fidelis.



RESERVE SITES
 Tenant Locations **134**
 Owned Sites **27**
 Family Housing Sites **3**

LEADERSHIP

Secretary of the Navy
 Commandant of the Marine Corps
 Assistant Commandant
 Sergeant Major of the Marine Corps
 Commander, Marine Forces Reserve
 Executive Director, Marine Forces Reserve

Hon. Ray Mabus
 Gen. Robert B. Neller
 Gen. John M. Paxton Jr.
 Sgt. Maj. Ronald L. Green
 Lt. Gen. Rex C. McMillian
 Mr. Gregg T. Habel

Sergeant Major, Marine Forces Reserve
 Command Master Chief, Marine Forces Reserve
 4th Marine Division
 4th Marine Aircraft Wing
 4th Marine Logistics Group
 Force Headquarters Group

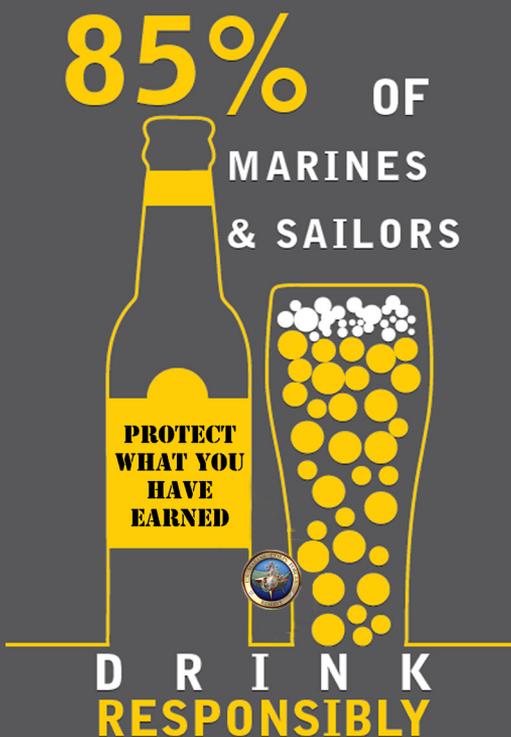
Sgt. Maj. Anthony A. Spadaro
 CMDCM Chris Kotz
 Brig. Gen. Paul K. Lebidine
 Maj. Gen. William T. Collins
 Brig. Gen. Patrick J. Hermesmann
 Brig. Gen. Helen G. Pratt

Today's Marines know what's at stake, and will do everything to **protect their legacy.**

Protect What You've Earned

- Pay and Benefits
- Rank
- Education
- Family Support
- Career

Send the right message, reinforce that "Marines and Sailors do drink responsibly."



Goals:

- Reduce the number of alcohol-related incidents and instill a culture of responsible alcohol consumption.

- Educate to bring about changes in belief systems and attitudes

- Support for sustaining new responsible behaviors-learning self management techniques to sustain new behaviors and know where to go for help if old habits resurface.

- Marines, Sailors and the media may tend to overestimate how many of their peers engage in irresponsible, high-risk alcohol consumption. If Marines and Sailors believe most peers drink heavily, they will likely conform to such perceived peer group behavior.

Your choices are your legacy.

- **Self-monitoring**

- **Peer support and**

- **Setting the example**

- are key tools for the 85% to assist the 15% in making life- and career-saving decisions.

For more ways to implement the "Protect What You've Earned" campaign visit the **commander's tool box.**