

COMMANDER  
MARINE FORCES RESERVE  
Unit, Personal, and Family Readiness – Guidance to the Force



**Taking care of Marines and their families is a key element of overall readiness and combat effectiveness.**

Our success as a Force is determined by the readiness and wellbeing of our Marines, Sailors, and their families. They continually balance physically and mentally challenging training that requires focused effort to produce competence and resilience, all of which is coupled with the added responsibility of managing a civilian career and their responsibilities to their families.

I recognize that our Marine Forces Reserve Community is dispersed throughout the Nation; however, we must overcome the “tyranny of distance” through increased vigilance to ensure that family readiness is proficient at every level. The Unit, Personal, and Family Readiness Program (UPFRP) exists to assist all Marines and Sailors, married and single, and their family members to cope with service, family, and career stressors.

The UPFRP provides tangible and enduring support to Marines, Sailors, and families by connecting them with the appropriate resource and service. The Uniformed Readiness Coordinator (URC) is a critical link in that process, serving as each unit's primary representative that conducts outreach to provide support and assistance. The URCs are at each level of command and serve as the unit's primary representative to provide resource and referral, official command communication, outreach, and readiness and deployment support. The URCs will actively promote family readiness within their unit, which will enable Marines and Sailors to focus on their mission, knowing their families are taken care of. The URCs strive to improve family readiness, which enables Marines and Sailors to focus on their mission and raise their unit's overall state of readiness.

The Yellow Ribbon Reintegration Program (YRRP) is an essential component of family readiness. YRRP events provide education, resources, and information before, during, and after deployments. They connect attendees with local information on health care, education and training opportunities, and financial and legal benefits to help prepare and guide Marines, Sailors and family members through the hardships of deployment and reintegration following deployment. As such, it is imperative that all commanders conduct the required pre-, mid-, and post- deployment events.

The UPFRP is a combat multiplier just as is individual and equipment readiness. I expect full participation in this critical program, and I charge leaders, at all levels, to actively promote the UPFRP. As leaders, we have the obligation to take care of our Marines and Sailors. This responsibility extends to families and support networks Marines and Sailors rely upon as they complete physically and mentally demanding tasks in support of the Marine Forces Reserve mission. The program's ultimate goal is resilient Marines and Sailors, ever ready to fight and win our Nation's battles.

We must ensure our Marines, Sailors, and family members are prepared to thrive while balancing life's demands – This is our obligation. Fight's On!

For additional assistance or information regarding UPFRP and YRRP, please contact the Marine Corps Family Team Building section of Marine Forces Reserve at email: [SMB\\_MFR\\_MCFTB@usmc.mil](mailto:SMB_MFR_MCFTB@usmc.mil); or call 866-305-9058.

Semper Fidelis,

A handwritten signature in black ink, appearing to read "L. Anderson IV".

Leonard F. Anderson IV  
Lieutenant General, U.S. Marine Corps  
Commander