**MARRIAGE ENRICHMENT RETREATS (MER)**

- 22-24 JAN  PALM SPRINGS, CA
- 11-13 MAR  DALLAS, TX
- 18-20 MAR  ASHEVILLE, NC
- 08-10 APR  ORLANDO, FL
- 08-10 APR  PHOENIX, AZ
- 22-24 APR  PORTLAND, OR
- 13-15 MAY  COLORADO SPRINGS, CO
- 20-22 MAY  BOSTON, MA
- 22-24 JUL  CHICAGO, IL
- 29-31 JUL  KANSAS CITY, MO
- 12-14 AUG  HERSHEY, PA
- 19-21 AUG  SANTA YNEZ, CA
- 26-28 AUG  ORANGE BEACH, AL
- 16-18 SEP  FOREST FALLS, CA

**PERSONAL RESILIENCY RETREATS (PRR)**

- 26-28 FEB  YOSEMITE, CA
- 15-17 APR  ASHEVILLE, NC
- 15-17 JUL  CHICAGO, IL
- 09-11 SEP  ORANGE BEACH, AL

- **REGISTER** now via your Unit Family Readiness Officer or DFRO.  
  10 participants required.  *Schedule is subject to change without notice.*
- Transportation for MFR personnel only: POV is authorized and reimbursed from 100 to 720 miles roundtrip according to current JFTR TDY rates.  
  Non-MFR personnel are welcome to attend and should request PTAD orders from their command.
- Lodging, meals, and materials are provided at the training site.
- MERs focus on deepening married couples’ commitment, self-understanding, communication, and closeness to enrich their relationship.  
  All couples who are legally married are welcome to attend the MER.  No childcare is provided.  MER materials will be presented in accordance with the traditional view of marriage.
- PRRs are designed to help Marines and Sailors reach their goals, improve their relationship skills, make good decisions, deal with stress, and live their lives with greater purpose and satisfaction.  
  *(Note: the MER and PRR are not substitutes for professional counseling.)*

**CREDO Marine Forces Reserve Facebook Site:**  
https://www.facebook.com/MFRCREDO  

**CREDO Marine Force Reserve SharePoint Site:**  
https://sharepoint.marforres.usmc.mil/Chaplain/SitePages/CREDO.aspx  

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CREDO MFR Coordinator:  RP2 (FMF) Kathryn Fauss  
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**Send completed registration forms to mfr_retreats@usmc.mil**