



Family Readiness Policy of the Commander, Marine Forces Reserve and Marine Forces North



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The wellbeing of our Marines, Sailors, and families is the life blood of our Corps. Our Marine Forces Reserve and Marine Forces North community must overcome the years of operational fatigue and combat stress through increased vigilance to ensure that personal and family readiness is proficient at every level and at all times. An essential multiplier to the success of our operation is the knowledge that while we are engaged, our personal welfare and the welfare of our families have been secured. The Unit, Personal and Family Readiness Program (UPFRP) provides the guidance to maintain the successful balance of service, family and career obligations, Every Commanding Officer, leader, Marine and Sailor must ensure that their families are prepared to thrive while balancing all of life's demands.

Commanding Officers, the UPFRP is your program. I charge each of you with the responsibility of conveying the importance of family readiness within your unit. While it is ultimately the responsibility of the Service member to guarantee both personal and family readiness, it must be mirrored within the command's leadership, thereby setting the appropriate example.

Family members, it has not gone unnoticed that your dedication to your Marine or Sailor has enabled their mission to succeed. I encourage each of you to continue to be proactive in you preparedness. We never know when the call to arms may come, making readiness crucial.

Our Family Readiness Officers, civilian and uniformed, are the direct links to our families with the ability to provide official command communication, valuable resources and referral information, and readiness and deployment support. I encourage you to use this most valuable resource. You are also welcome to contact my FRO, Mr. Shawn Holland, Family Readiness Officer, Marine Forces Reserve and Marine Forces North at 504-697-8156 or shawn.holland@usmc.mil for further guidance.

Semper Fidelis,

Rex C. McMillian
Lieutenant General, U.S. Marine Corps
Commander