

Welcome Aboard

Receiving orders to Inspector Instructor staff 6 communications battalion will mean station in one of two places. 1st, there's 1 Aviation Road Brooklyn NY 11234. That is where HQ, Services and Support Companies are located. 2nd, there is 25 Baiting Place road Farmingdale, New York 11735 in Long Island where Direct Support Company is stationed.

Having an I-I duty station, you are able to live pretty much anywhere in the city or outside the city you would like. However, there are some Military housing areas available if that is your preference some on base some off. Below you will find helpful information regarding stations here in NYC.

The Following packet will cover:

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Housing Areas:

Fort Hamilton-Brooklyn area or Fort Wadsworth–Staten Island area (across the Verrazano Narrows Bridge) ** Toll (cash or EZ Pass):

- ❖ Balfour Beatty
222 Washington Road Apt A
Brooklyn, NY 11209
(718) 630-4658
Hours: Mon-Sat 8am-5pm, Wed. 8am-7pm, CLOSED ON SUNDAYS
- ❖ Army Community Services (ACS):
 - Relocation and lending locker – (718) 630-4462

Mitchell Complex-Long Island area:

- ❖ Belfour Beatty Communities at Mitchel Complex
82B Mitchell Avenue
East Meadow, NY 11554
(516)-292-0924
Hours: M-T-T-F 8am-5pm, Wed. 8am-7pm, Sat. 10am-4pm, Sun. 12pm-4pm
(The complex offers 2-4 bedrooms, to all ranks. It is conveniently located 15-35 minutes (depending of traffic) from the Farmingdale, NY Armed Forces Reserve Center. Each unit is provided with dishwashers, central air, fenced in yards, washer/dryer hook ups, and an exterior storage shed. Community amenities include a community pool, six playgrounds and a community center that may be rented out (free of charge) for private events by residents).

Arverne by the Sea (ABTS)-Queens area:

- ❖ Alice O'Connor – Realtor
(646) 431-4296
(Alice mainly deals with ABTS and has placed many military families in this particular area)
 - Arverne by the Sea is a beach community located n the Rockaway Peninsula in Queens, NY. It extends from Beach 56th street to Beach 79th street. Although it is NOT military affiliated and is NOT base housing, many military members live here because of its close proximity to Floyd Bennett Field in Brooklyn. It is only 7 miles (about a 15-20 minute commute).
 - ABTS units are rented out by owners so you will be dealing with them on a regular basis. Rent is paid to the owner and they deal with all maintenance issues on your home. Some units are rented out “by owner” and some go through a broker. If the owner uses a broker, a broker fee will be applied. Some brokers will give military members a discount on the broker’s fee.
 - When going over your lease, make sure the owner is willing to include a military clause in it. This is in case you get new orders or are deployed for some

reason. You won't be responsible for the rest of the term on your lease if either happens.

Airports:

- ❖ JFK in Queens
- ❖ LaGuardia (LGA) in Queens
- ❖ Newark (EWR) in New Jersey

Hotels/ Lodging:

- ❖ Holiday Inn Express (Ft. Hamilton)
107 Schum Ave
Brooklyn, NY 11252
(718) 439-2340
* Pets Friendly
- ❖ Navy Lodging (Ft. Wadsworth)
408 North Path Rd.
Staten Island, NY 10305
(718) 442-0413
*Pet Friendly
- ❖ Long Island Marriott
101 James Doolittle Blvd
Uniondale, NY 11553
(888) 347-2319
- ❖ La Quinta Inn & Suites Garden City
821 Stewart Ave
Garden City, NY 11530
(800) 916-4339
- ❖ Hyatt Place Garden City
5 North Ave
Garden City, NY 11530
(844) 227-3174
- ❖ Holiday Inn Westbury
369 Old Country Rd
Carle Place, NY 11514
(844) 290-2301
- ❖ Hilton Garden Inn
1575 Privado Rd
Westbury, NY 11590
(844) 852-8142

Hospitals/ER:

*****These are just ideas and suggestions of where to possibly look. You should ALWAYS contact Tricare and see who/where your options are in your area and then ask around for feedback*****

- ❖ Veterans Hospital – (718) 836-6600
800 Poly Place
Brooklyn, NY
- ❖ Methodist Hospital – (718) 780-3000
506 6th St.
Brooklyn, NY
- ❖ Lutheran Medical Center – (718) 630-7000
50 55th St
Brooklyn, NY
- ❖ Maimonides Medical Center – (718) 283-6000
4802 10th Ave
Brooklyn, NY
- ❖ Lutheran Family Health Center - (718) 630-8878
(Serves both pediatric and adult)
9000 Shore Rd
Brooklyn, NY
- ❖ St. John Episcopal Hospital – (718) 869-7000
327 Beach 19th St
Far Rockaway, NY
- ❖ Nassau University Medical Center – (516) 572-0123
2201 Hempstead Turnpike
East Meadow, NY 11559
- ❖ Winthrop – (516) 663-0333
259 1st Street
Mineola, NY 11571
- ❖ Mercy Medical Center – (516) 705-2525
1000 N. Village Ave
Rockville Centre, NY 11571

Medical Center/Doctors:

- ❖ Mitchell Field Family Health Center USFH Family Health Plan is a Tricare Prime Military health plan sponsored by the DOD and enrollment is required. (Please call 800-241-4848 for more information). Located at building 19 West Road, Garden City,

NY. Call before 1530 (516) 222-0228. The Health Center offers its members a doctor specialist and pharmacy under one roof.

Adult Medicine

- Betty Kelly M.D.
- Marc Adler M.D.
- Roman Brushtein M.D.
- Sweet Marfatia M.D.

Pediatricians

- ❖ GPM
7th Ave
Brooklyn, NY
(718) 833-2300
- ❖ Dr. Devito and Alvarado Pediatrics
8008 3rd Ave
Brooklyn, NY
(718) 833-3636
- ❖ John Zaso M.D.
611 Merrick Ave
East Meadow, NY

Ob/Gyn

- ❖ Dr. Tamila Selitsky
660 92nd St
Brooklyn, NY
(718) 680-4800
- ❖ John Cafaro M.D.
577 Stewart Ave, Ste. 7
Garden City, NY 11530
(516) 222-0722

Dental:

*****These are just ideas and suggestions of where to possibly look. You should ALWAYS contact Tricare and see who/where your options are in your area and then ask around for feedback*****

- ❖ Family Dentistry: Dr. Frank Visintini – 7710 4th Ave, Brooklyn, NY
(718) 748-1710
- ❖ Pediatric Dentistry: Dr. Susan Hernandez–424 Bay Ridge Pkwy, Brooklyn, NY
(718) 833-2777

- ❖ Orthodontics: (1) Bayridge Orthodontics-9602 4th Ave
(718) 238-1615
- (2) Brooklyn Orthodontics-9012 5th Ave
(718) 333-5898
- ❖ Kids Care Pediatrics
176 Hempstead Ave
Lynbrook, NY
(516) 599-6230
- ❖ New Wave Pediatric Dentistry and Orthodontics
482 Merrick Rd
Lynbrook, NY
(516) 837-9283
- ❖ Dental Associates of Long Island – Family Dentistry
585 Merrick Rd, 3rd Fl
Lynbrook, NY
(516) 561-1000

Schools:

***No matter where you end up living or school you choose, your child will have to have a New York State physical done before they can be registered to attend school. It is highly advised that you set up an appointment with a pediatrician as soon as you can when you arrive in NY. It has to be done in New York ***

****Lisa Sheehan is the school liaison located on Fort Hamilton, however she can assist you with any questions you may have regarding schools in the Tri-state area. She can be reached at: (718) 630-4805****

Elementary:

- ❖ PS 104 (Zoned for Ft. Hamilton residents)
9115 5th Ave
Brooklyn, NY 11209
(718) 836-4630
- ❖ PS 264
371 89th Street
Brooklyn, NY 11209
(718) 630-1650
- ❖ Barnum Woods
500 Marylane
East Meadow, NY 11530
(516) 441-0070

Middle School:

- ❖ William McKinley
7305 Fort Hamilton Pkwy
Brooklyn, NY 11228
(718) 833-1000
- ❖ Woodland Middle School
690 Wenwood Drive
East Meadow, NY 11554
(516) 228-5331

High School:

- ❖ Fort Hamilton H.S.
8301 Shore Rd
Brooklyn, NY 11209
(718) 748-1537
- ❖ East Meadow H.S.
101 Carman Ave
East Meadow, NY 11554
(516) 228-5331

College(s):

- ❖ Nassau Community College
1 Education Drive
Garden City, NY 11530
(516) 572-7504
- ❖ Hofstra
Hempstead, NY 11549
(516) 463-6600
- ❖ Adelphi University
1 South Ave
Garden City, NY 11530
(800) 233-5799

EFMP Information:

- EFMP is a mandatory enrolled program that works with agencies to provide medical, educational, housing, community support and personnel services to families with special needs. EFMP is designated to include all eligible family members, children, spouses and dependent relatives requiring ongoing medical treatment or special educational services.

EFMP Identification Criteria:

Family members that have a potentially life threatening condition, chronic medical condition or physical disability. For example:

- Family member has Asthma or Reactive Airway Disease.
- Family member has had chronic/multiple episodes of out patient or in patient mental health treatment in the past 5 years.
- Special Education services as indicated by an IEP.

For EFMP enrollment and support please contact West Point at (845) 938-6881.
Family Advocacy Program MGR/EFMP (Fort Hamilton) - (718) 630-4460

Youth Sports:

- ❖ SKIES program (Ft. Hamilton Youth Center)
124 Wainwright Drive
Brooklyn, NY
(718) 630-4479
- ❖ St. Patrick CYO Sports (<http://stpsports.org>)
401 97th St
Brooklyn, NY
(646) 580-7287
- ❖ Aviator Sports (www.aviatorsports.com)
3159 Flatbush Ave
Brooklyn, NY
(718) 758-7500
- ❖ East Meadow Little League
30 Merrick Ave
East Meadow, NY
(516) 794-8964
- ❖ Youth Hockey
Twin Rinks
200 Merrick Ave
East Meadow, NY
(516) 441-0070
- ❖ East Meadow PAL
Special Activity Building
Eisenhower Park
(516) 433-4040

Fitness Centers:

There is a fitness center located on Fort Hamilton.

Eisenhower Park Aquatics has an Olympic size pool and a fitness center that is free to charge to active duty military members and their dependents. The complex is located on Merrick Ave. in East Meadow. For more information call: (516) 572-0501.

The YMCA in Rockaway offers a one-year membership at no cost to ABTS residents. All you have to do is bring in a utility bill.

YMCA is located at 207 Beach 73rd St, Arverne, NY (718) 215-6950

Shopping:

- ❖ Fort Hamilton Commissary (Closed on Monday)
Bldg. 115 White Ave
Brooklyn, NY 11252
(718) 630-4960
- ❖ 86th Street in Brooklyn
 - Century 21, New York & Co., TJ Maxx, DII, Gap, Children's Place, Game Stop, Payless shoes, Victoria Secret, Wendy's, Taco Bell, 5 Guys, Popeye's, etc.
- ❖ Exit 5 Bay Pkwy
 - Kohl's, Toys R Us, Best Buy, Home Depot
- ❖ Exit 15 at the Gateway Center
 - Target, Home Depot, Old Navy, JC Penney, Burlington Coat Factory, Michaels, Marshalls, Gap, Pier 1, GNC, TJ Maxx, etc.
- ❖ Atlantic Barclay (Flatbush area)
 - Burlington Coat Factory, Marshalls, Target, Children's Place, Buffalo Wild Wings, Applebee's, DSW, etc.
- ❖ Green Acres Mall
2034 Green Acres Mall
Valley Stream, NY 11581
- ❖ Five Towns Shopping Center
25301 Rockaway Blvd.
Jamaica, NY 11422
- ❖ Kings Plaza Mall
5100 Kings Plz
Brooklyn, NY
- ❖ Mitchell Field Commissary (Closed on Sunday and Monday)
84 West Road
Garden City, NY 11530
- ❖ NEX (Navy Exchange)

Mitchell Field
Garden City, NY 11530

- ❖ Roosevelt Field Mall
630 Old Country Road
Garden City, NY 11530

Veterinary Facilities:

- ❖ Animal Clinic of Bay ridge
689 86th Street
Brooklyn, NY 11228
(718) 833-0700
- ❖ Bay Ridge Animal Hospital
6803 5th Ave
Brooklyn, NY
(718) 748-1047
- ❖ 5th Ave. Veterinary Hospital
9102 5th Ave
Brooklyn, NY
(718) 748-1066
- ❖ Animal Hospitals of the Rockaways
114-10 Beach Channel Drive
Rockaway Park, NY
(718) 474-0500
- ❖ Paw Prints Animal Medical Center
2-7 Beach 116th Street
Rockaway Park, NY
(718) 474-7297
- ❖ East Meadow Animal Hospital
24 Newbridge Road
East Meadow, NY 11554
(516) 735-8822
- ❖ Levittown Animal Hospital
2703 Hempstead Turnpike
Levittown, NY 11756
(9516) 796-2266

USO information:

- ❖ Fort Hamilton USO – (718) 630-1023
237 Grimes Road
Brooklyn, NY

- ❖ New York City USO – (212) 695-6160
42nd & 8th ave (Port Authority – 2nd Floor)
New York, NY
- ❖ JFK USO – (347) 545-3725
Terminal 5
Jamaica, NY
- ❖ Newark Liberty International Airport – (201) 583-5985
Terminal B, Level 2
Newark, NJ

Transportation/Subway:

- ❖ Subway station closest to Ft. Hamilton is located on 95th Street of 4th and 5th Ave. It is the “R” line. (It is considered the “Last Stop”)
- ❖ Subway station closest to ABTS is located at Beach 67th St behind the ABTS shops. It is the “A” line (This train goes right through Brooklyn and into Manhattan).
 - Helpful Hints for the Subway:
 - Green bulbs = 24 hour stations
 - Red bulbs = peak hours
 - Fare to ride the subway = \$2.75
- ❖ Long Island Railroad (LIRR)
 - If you are going in to Manhattan the LIRR takes you to Penn Station (33rd/34th St., which is the Westside of Manhattan)

Helpful App, Web pages and Groups:

- a) Waze (GPS app)
- b) NYC bus/subway maps
- c) LIRR Schedules
- d) myTransit NYC
- e) Roadify
- f) Hopstop Transit
- g) Broadwaybox.com – discounts on Broadway shows
- h) Goldstar.com – discounts on tickets on and off Broadway
- i) Militaryonesource.mil –
- j) Nassaucountychildrenbuyandsell.com
- k) Belfourbeattymitchellmanor.com
- l) Nassaucountyny.gov
- m) Greatschools.org
- n) Schooldigger.com
- o) Insideschools.org
- p) 6th Comm Bn FB page (there are two – one is public and one is a closed group)
- q) Ft. Hamilton housewives FB page – just general info, community events (also great place to get suggestions on hair salons and dentists and doctors in the area)
- r) Ft. Hamilton Get Out and Explore FB page – info on events and things to do
- s) Ft. Hamilton Treasure box/online yard sales FB page – sell/trade
- t) Rockaway Times FB page – local news

- u) The Wave FB page – local news
- v) Friends of Rockaway Beach FB page – happenings around the peninsula
- w) Arverne by the Sea FB page – local events
- x) Long Island moms of Nassau County FB page – kid friendly events in Nassau County
- y) Nassau County Childrens Buy & Sell FB page

ID Centers:

- ❖ Fort Hamilton, Brooklyn – (718) 630-4557
- ❖ First Marine Corps Division, Long Island – (516) 228-5621
- ❖ Kings Point, Great Neck – (516) 773-5320
- ❖ Gabreski Airport, Westhampton Beach – (631) 723-7374

IMPORTANT FACTS TO KNOW:

- No right turns on red unless otherwise posted
- Miles DO NOT equal minutes in NYC. (i.e.: 9 miles could mean 20 minutes or 1 hour 30 minutes depending on traffic)
- Pay attention to street signs. Some have no parking hours listed for street cleaning (you will be ticketed), some are no turns during certain hours, some indicate no standing (that means NO PARKING at all)
- If you live in ABTS – most streets are parking by permit only.
- It is highly recommended that you invest in an EZ pass. To get to Floyd Bennett Field, you have to pay a toll on the Marine Parkway Bridge. You can get an EZ pass at the tollbooth (cash lane). After you receive the pass you must register it on line at www.e-zpassny.com. Discounts are available for the Marine Parkway Bridge and the Cross Bay Bridge. Once you have a utility bill, you can mail, fax or deliver it in person. Instead of paying \$4.00, you only pay \$1.36. It's definitely worth it!
 - The mailing address is: P.O. Box 149001, Staten Island, NY 10314
 - Fax#: (718) 390-9772
 - Office address: 1150 South Ave, Staten Island, NY