PRESEPARATION COUNSELING CHECKLIST FOR ACTIVE COMPONENT (AC), ACTIVE GUARD RESERVE (AGR), ACTIVE RESERVE (AR), FULL TIME SUPPORT (FTS), AND RESERVE PROGRAM ADMINISTRATOR (RPA) SERVICE MEMBERS

(Please read Privacy Act Statement and Instructions in Section III before completing this form.)

SECTION I - PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C. 1142, Preseparation Counseling; E.O. 9397, as amended (SSN).

PRINCIPAL PURPOSE(S): To record preseparation services and benefits requested by and provided to Service members; to identify preseparation counseling areas of interest as a basis for development of an Individual Transition Plan (ITP). The signed preseparation counseling checklist will be maintained in the Service member's official personnel file. Title 10, USC 1142, requires that not later than 90 days before the date of separation, for anticipated losses, preseparation counseling for Service members be made available. For unanticipated losses, preseparation counseling shall be made available as soon as possible.

ROUTINE USE(S): None.

DISCLOSURE: Disclosure of SSN is mandatory. Disclosure of other information in Section II is voluntary; however, it may not be possible to initiate preseparation counseling and other transition assistance services or develop an Individual Transition Plan (ITP) for a Service member if the information is not provided.

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released to complete the Veterans Benefits Briefing sponsored and offered by the Department of Veterans Affairs (VA) in its entirety. Service members will be exempt from normal duty the full 24 hour period of each VA Benefits Briefing day and the 12 hours immediately preceding and following the VA

(5) **Disabled Transition Assistance Program (DTAP):** In accordance with DoDI 1332.35, all separating and retiring Service members who check "YES" in item 20 (with special emphasis on Wounded, Ill, or Injured) who have or think they have a service-connected disability, are awaiting a medical discharge, or have incurred an injury or illness while on active duty, or aggravated a pre-existing condition, and those referred to a Physical Evaluation Board or placed in a medical hold status by their Service, shall be released to complete the DTAP briefing sponsored by VA. Spouses/Family Member/Legal Guardian/Designee are encouraged to attend the DTAP briefing. Service members will be exempt from normal duty the full 24 hour

period of each VA DTAP Briefing day and the 12 hours immediately preceding and following the VA DTAP Briefing.

Benefits Briefing.

PF	RESEPARATION COUNSELING	NAME (Last, First, Middle Initial)													SSN						
С	CHECKLIST FOR AC, AGR, AR,												П					\Box	I		
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	(e) Navy Cool Website https://	www.cc	ool.nav	/y.mil																	
d.	TurboTAP.org (www.TurboTAP.or	rg) and	other p	orogran	ms, too	ols, and	resou	rces													
	(1) Employment Hub www.turboTAP.org/portal/trans	sition/re	source	es/Emp	oloyme	ent_Hub	<u>)</u>														
	(2) Hire Vets First www.hirevetsfir	rst.dol.g	jov/																		
	(3) State Job Boards www.career	ronestor	o.org/jo	obsear	ch/cos	_jobsite	es.asp	<u>x</u>													
	(4) DOL REALifelines www.hirev	etsfirst.	dol.go	v/realif	felines	/index.a	<u>asp</u>														
e.	Public and Community Service Opwww.turboTAP.org/portal/transitio	n/lifestv		nployn	nent/Pu	ublic_ar	nd_Cor	mmun	ity_												
f.	Teacher and Teacher's Aide Oppo www.proudtoserveagain.com	ortunities	s/Troo _l	ps to T	eache	rs															
g.	Federal Employment Opportunitie	es																			
	(1) www.usajobs.opm.gov																				
	(2) www.go-defense.com																				
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h.	Hiring Preference in Non-Appropri	` `	<u> </u>					ıry													
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I.	State Employment Agencies																				
	(1) Career One Stop Centers www.careeronestop.org/jobse		s_jobs	sites.as	spx																
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J.	Information concerning veterans s programs	small bu	siness	owne	rship a	and entr	eprene	eurship)												
_	(1) Small Business Administration and www.score.org SBA Patric				ıtsba/s	baprog	rams/o	vbd/													
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k.	Information on employment and re Active Duty Service Members <i>(Charles)</i>						s (USE	ERRA)	for												
l.	Information on "Priority of Service" and placement services provided),												

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С	HECKLIST FOR AC, AGR, AR, FTS, AND RPA SERVICE MEMBERS																
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b.	U.S. Department of Education Fewww.FederalStudentAid.ed.gov	deral Aid F	Programs	8													
	Other Federal, State, or local edu			grams ar	nd optio	ns											
	PHYSICAL AND MENTAL HEAL										1	1					
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	(2) VA Health Administration www		/health/i	ndex.as	<u>p</u>												
	(3) VA Vet Center <u>www.vetcente</u>		101														
	(4) State and local healthcare and																
b.	Describe healthcare and other be the laws administered by the Sec							ler									
	(1) VA health care																
	(2) VA dental care																
16.	HEALTH AND LIFE INSURANCE																
a.	Continued Health Care Benefits F health insurance. Concurrent pre conversion health insurance www.tricare.mil/mybenefit/home/c	-existing c	ondition	coverag	ge with p	ourcha	convers se of	sion									
b.	Veterans Group Life Insurance (V and www.turboTAP.org websites		ı.insuran	ce.va.g	ov/sglisi	te/vgli.	.htm										
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d.	Traumatic Injury Protection Progra www.insurance.va.gov/sglisite/tsa websites			ts.htm a	and <u>ww</u>	w.turbo	oTAP.c	org									
e.	Family Servicemembers' Group L www.insurance.va.gov/sglisite/fsg	ife Insuran lli/sglifam.h	ice (FSG ntm and	iLI) <u>www.tı</u>	urboTAF	⊃.org w	vebsite	s									
f.	Service-Disabled Veterans Insura www.insurance.va.gov/inForceGli websites			<u>ntm</u> and	l <u>www.t</u>	urboTA	AP.org										
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	For more information on Veterans www.insurance.va.gov																
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	FINANCES											1					
a.	Financial Management (TSP, Ret	irement, S	BP, milit	ary vs. o	civilian p	oay and	d bene	fits)									
b.	Separation pay (Eligible Involunta	ry Separat	tees)														
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C	HECKLIST FOR AC, AGR, AR, FTS, AND RPA SERVICE MEMBERS																		
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20.	DISABLED VETERANS BENEFI	TS								1	1	1	1	1					
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b.	VA Disability Benefits www.vba.va	a.gov/V	BA/be	nefits/	factshe	<u>eets</u>													
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	INDIVIDUAL TRANSITION PLAN As a separating Service member,	<u> </u>																	
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	Based upon information received of legal guardian/designee desire ass												bei/	YE	/IEMB	NO	YES	N	0
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b.	To assist your transition counselo I already have post-military emp I plan to get a job and start work Other (please describe/write in)	oloymer k as soo	nt.			Dest de	escribe		l plan t	o go to know w	schoo	and u	se my		ducati	on ben	efits.		
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	unselors will ensure all transitioning n 26.												or reg	ional e	xperti	ise cor	nplete		
26. The Department of Defense and other Federal agencies have placed a high level of expertise to meet emerging requirements during times of need, crisis, and/or nation. Federal agencies may want to contact you in the future to determine if you would be potential employment that would take advantage of your language proficiency and/or the potential employment that would take advantage of your language proficiency.																			
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CHECKLIST FOR AC, AGR, AR, FTS, AND RPA SERVICE																										
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28. SERVICE MEMBER ACKNOWLI	EDO	GEM	ENT																							
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